



City Of Seal Beach



Seasonal Ocean Lifeguard Tryouts

Saturday, March 21, 2026 At 0800

Location:

Seal Beach Marine Safety Headquarters
888 Ocean Ave, Seal Beach, CA 90740

\$23.79 – \$35.15 per hour

Qualifications:

- California Driver's License
- Age 18 or graduating senior before July 1, 2026
- High School Diploma or G.E.D prior to June 20, 2026
- 20/40 vision uncorrected

Time Schedule:

- 0800: Orientation
- 0830: 1,000 Yard Swim
- 0915: Run-Swim-Run
- 1015: Results Posted

Top candidates will be given the opportunity to interview. Interview times will be posted and conducted on-site the same morning.



Additional Information:

- A pre-employment physical, drug screening, and background investigation (including fingerprinting) must be completed within the one-week period prior to the start of the training program.
- **Mandatory Training Dates:**
 - Fridays: 6-10 pm
 - Saturdays & Sundays: 8 am - 5 pm
 - Dates: April 17, 18, 19, 24, 25, 26 May 1, 2, 3, 8, 9, 10

Candidates will be paid \$16.90 per hour during the training period.

A written and practical test will be administered on Sunday, May 10, 2026, to those who successfully complete the lifeguard training program. A hiring list will be established based on each candidate's overall performance throughout the training. Part-time ocean lifeguards will be selected from this list.

For further questions, please contact Seal Beach Marine Safety Headquarters at 562-430-2613.

The City of Seal Beach is an Equal Opportunity Employer.

