

# Shoreline



City of Seal Beach Classes and Activities • Summer 2019



# City of Seal Beach

211 8th Street, Seal Beach, CA 90740 • (562) 431-2527

## CITY COUNCIL

City Council meetings are open to the public and are held at City Hall on the second and fourth Monday of each month at 7pm

Mayor	Thomas Moore, District 2
Mayor Pro Tem	Schelly Sustarsic, District 4
Council Member	Sandra Massa-Lavitt, District 5
Council Member	Mike Varipapa, District 3
Council Member	Joe Kalmick, District 1

## CITY STAFF

City Manager	Jill Ingram
Assistant City Manager	Patrick Gallegos
City Clerk	Gloria Harper
Chief of Police	Joe Miller
Director of Public Works	Steve Myrter
Director of Finance/City Treasurer	Victoria Beatley
Marine Safety Chief	Joe Bailey

## COMMUNITY SERVICES STAFF

Recreation Manager	Tim Kelsey, ext. 1341
Community Services Coordinator	David Nett, ext. 1339
City Arborist	Joseph Talarico, ext 1318
PT Recreation Coordinator	Anthony Nguyen, ext. 1344
PT Recreation Coordinator	Kevin Ortiz, ext 1307

## RECREATION COMMISSIONERS

District 1	Brooke Mabe
District 2	James Dunphy
District 3	Tom Payne
District 4	Ann Gunvalsen Saks
District 5	Christine Bittner

## MUNICIPAL MEETINGS

**Council Meeting**  
7pm; 2nd & 4th Monday per month

**Planning Commission**  
7pm; 1st & 3rd Monday per month

**Environmental Quality Control Board**  
As Needed

**Recreation Commission**  
6:00pm; 4th Wednesday/month  
*January, February, March, April, May, June,  
September, October, November*

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## HOLIDAY CLOSURES

Memorial Day – May 27

Independence Day – July 4

Labor Day – September 2

# REGISTER SealBeachCa.Gov

Online Registration Begins:

**May 6**

Walk-in and Mail Registration Begins:

**May 13**

We welcome non-residents to participate in our programs. Register early to avoid class cancellations. Pre-registration required through the Community Services Department for all classes. If your name is not on the roster you may not participate in the class until class fees have been paid.



# City News

*City of Seal Beach*

## *A Message from the City Manager's Office*

Three years have passed since Seal Beach's iconic pier was damaged by fire. There have been many hurdles to overcome to restore one of Seal Beach's most prominent structures. But I am very pleased to see the entire pier finally open to the public especially during the summer. Rehabilitating the pier was not an easy task from the start as the City was obligated to acquire local and state permits before work was even allowed to commence. There were also a number of complex improvements that needed to be made to the sewer, water and electrical utilities that run up and down the pier, as well as the delivery and installation of greenheart decking that was shipped all the way from a forest in South America to replace charred decking and stringers. In addition, the City worked diligently to recoup losses from the insurance provider. These were but some of the more significant challenges that the City had to accomplish, there were many more undertakings that had

to be completed by City staff to ensure the pier would be suitable for the public for years to come.

At the beginning of April, the City's sales tax rate increased by one percent. This voter approved measure will mean that the City will have the resources available to provide necessary improvements to public safety and infrastructure. As a start, the City recently hired three new police officers who will patrol our neighborhoods and make certain that we are all safe and able to enjoy our tranquil beach community. City staff has also made recommendations to plan for a more robust tree trimming and landscaping schedule and we are currently evaluating City facilities to see where we can make much needed improvements. These enhancements will enrich the quality of life for residents and will attract visitors that want to mark our seaside town as a vacation destination which will in turn improve our overall economic condition.

The City Council has had to make tough fiscal policy decisions over the last couple of years and every decision they have made has been to benefit Seal Beach residents. In fact, the input you provide has steered them on a course that will allow them to achieve many of the goals and objectives the community has made clear it wants. Each of you has tremendous power to direct and shape the future of our town. Let your voice be heard! Visit our upcoming budget workshops where you can participate in the fiscal planning of your community and/or join us at a City Council meeting where your active involvement can influence the future of Seal Beach.

Should you want to learn more about the City of Seal Beach, please visit the City's website at [www.sealbeachca.gov](http://www.sealbeachca.gov).

Wishing you all the best this summer!

*Jill R. Ingram*  
City Manager



## NEW CITY STAFF

The City of Seal Beach welcomes a few new members to the Seal Beach Family! We are excited to introduce Gloria Harper as our new City Clerk. She brings an impressive amount of experience and expertise, and is excited to work alongside City staff and our community to help Seal Beach achieve its goals. We also have two additions in our Public Works Department, and three in our Police Department. In Public Works, we welcome Iris Lee as our new Deputy Director of Public Works/City Engineer, and Denice Bailey as our new Associate Engineer. In our Police Department, our three new Police Officers include Officer Jacob Otto, Officer Garrett Kiehl, and Officer Cory Montgomery. Don't hesitate to stop by City hall or the Police Department to say hi to our new members!

## Community Gardens at Edison Park

The Seal Beach Community Gardens at Edison Park just got more gardeners! We were able to open up 18 new garden plots to allow for more people to participate in this program. The Community Gardens is only open to Seal Beach residents, and has been very popular and important to our community. There has been an extensive waitlist for those interested in obtaining a garden plot, and now many of them were given the opportunity to become gardeners within the Community Gardens. If anyone has any further questions or would like to be added to the waitlist, please reach out to the Community Services Department at (562) 431- 2527 ext 1307 or 1344.



**Thursday, July 4th 4:00 pm JFTB, Los Alamitos**

**Fireworks Show begins promptly at 9:00 pm**

**Food Court ★ Vendor Booths ★ Musical Entertainment**

**Enter through Lexington or Oranewood Gates**

Alcohol, dogs, fireworks, BBQ's & motor homes prohibited; service dogs are allowed on post  
**Bring lawn chairs & blankets (no bleachers available)**  
 Minors without an I.D. must be accompanied by a parent/guardian

**4TH OF JULY**

AT THE LOS ALAMITOS JOINT FORCES TRAINING BASE

**PREMIER COMMUNITY PARTNER**

**SUPER STAR SPONSORS**

**SHINING STAR SPONSOR**

**RISING STAR SPONSORS**

Free to attend ★ Adults must have photo ID to enter

# Library Programs

## Adult Programs

- **Get Stitched** *1st Tuesday at 5pm*  
Slow down and de-stress with hand stitching. Use one of our supplied projects or bring your own.
- **Crafts for Adults** *2nd Tuesday at 2pm*  
Enjoy our monthly craft workshop. Supplies provided; you bring the creativity!
- **Culinary Book Club** *3rd Tuesday at 6pm*  
Check out the latest book and enjoy themed refreshments. Pick up this month's title at the Library.
- **Movie Discussion Group** *4th Tuesday at 2pm*  
Check out this month's movie at the library to watch at home then meet to discuss your thoughts.
- **Book Discussion Group** *4th Thursday at 10am*  
Check out this month's book selection and then meet to discuss your thoughts over coffee and donuts.
- **Coping with the Emotions of Caregiving** *Monday, June 10, 3-4:30pm*  
Reduce feelings of stress & frustration, learn coping strategies, develop respite goals.
- **HamilTEA** *Saturday, July 6, 2-3pm*  
Enjoy tea and light refreshments with music, trivia and conversation about Lin-Manuel Miranda's Tony-award winning musical.
- **Guided Autobiography** *July 8-August 5, 2-4pm*  
Are you 55+ and looking for a way to make a record of your life story? In this interactive class you will learn the tools for recalling and writing your own life story. A four week class with new life story topics assigned each week. Call library for more information and to reserve your spot.
- **Bingo!** – **5th Tuesday special event** *July 3, 3-4pm*  
We celebrate a rare 5th Tuesday with some bingo fun. Join us for laughs and prizes.

## Teen/Young Adult

- **Volunteer Orientations:**  
Thursdays 6/6, 6/13 @ 5:30pm  
Saturday 6/15 at 12pm
- **Magic with Illusionist Justin Rivera**  
Thursday, 8/1 at 5:30pm, RSVP for snacks  
Adulting 101: Wednesdays at 5pm
- **Stress Management** (5/8), **Money Management** (5/22), **D.I.Y. Meals on a Budget** (7/17)
- **Growing Veggies in Apartments** (7/24), **Stay Fit on a Budget** (8/21)
- **How to Talk to Adults (Modern Etiquette)**  
(Sat. 7/13 @ 3pm)

## Monthly Children's Programs

- **Storytime**  
Mondays & Tuesdays: at 10:30 & 11:30 am  
May 6 – July 30 (not 5/27)  
Storytime Vacation: August
- **It's Showtime! Summer Performances**  
Thursdays at 4pm  
6/20: Juggler Michael Rayner  
6/27: Music with Craig Newton  
7/11: Intro to Drama with Drama Kids (Ages 7+)  
7/18: Kids Nation Dance  
7/25: Magician Brettso the Great
- **Lego Days**  
1st Thursdays @ 4pm – 5pm: 5/2, 6/6, 8/1  
Summer Saturdays 12pm – 4pm:  
6/8 – 8/31 (No Lego Days on 7/6 & 8/3)
- **Read & Play with Rover:**  
3rd Wednesdays of the Month (Lily) 10:30 – 11:30am  
Thurs. 6/13 & 8/15, Tues. 7/16 (Cash) 4pm – 5pm
- **Let off some S.T.E.A.M.!**  
1st Saturdays of the month 10am – 4pm  
6/1: DIY Scribble Bot Art  
7/6: Hollywood Lights Paper Circuits  
8/3: Fun with Angry Birds
- **Movie Magic Wednesdays**  
Select days 6/19 – 7/24: Anytime between 1pm - 3pm  
Lights, camera, action! Play with a green screen, explore Claymation, movie Foley art and sound effects, and D.I.Y. 3D glasses and artwork.
- **Interactive Movie Days**  
Participate in the movie! Cosplay encouraged and Props will be provided – you'll get to sing & dance along, use noise-makers, throw props, make costumes, and more! All Ages.  
Weds. 6/26 at 1pm: Beauty and the Beast (G)  
Weds. 7/31 at 1pm: The Wizard of Oz (PG)



## ■ CLUBS & ORGANIZATIONS

Animal Care Center	562-430-4993
American Youth Soccer (AYSO)	www.ayso159.org
Beach Cities LaCrosse	714-719-6470
CPENA	sealbeachcpena@hotmail.com
Chamber of Commerce	General Info: 562-799-0179 www.sealbeachchamber.org
Democratic Club of Seal Beach	562-240-5135 demsealbeach.org democraticclubofsealbeach@gmail.com
Food Finders	Patti Larson – 562-598-3003
Friends of the Mary Wilson Library	562-431-3584
Girl Scouts of Orange County	949-461-8800
Historical Society Red Car Museum	562-430-1450
Interval House – Women’s Shelter	562-594-9492
League of Women Voters	Marilyn DeWitt – 562-431-7575
Los Al/Seal Beach Football	LosALFNL.com
LOTE Volunteer Organization	Barbara Barton – 562-596-3497
McGaugh School PTA	Isabelle McFadden – 562-596-1199
MOMS Club of Seal Beach	Veronica Vallejo – 562-493-0543 www.momsclubofsb.org
Moms Club of Seal Beach-Old Town	www.momscluboldtown.com
Philharmonic Society of OC	Debbie Edwards – 562-254-4693
Republican Women’s Club	Phyllis Steiner – 714-826-7022
R.O.C.K. Raising Our Celiac Kids	Christie Scales – 562-799-2060
Rotary Club of Seal Beach & Los Alamitos	Patricia Efkenzai – 562-431-9400
Run Seal Beach	RunSealBeach.com
Save Our Beach	www.saveourbeach.org
Seal Beach Beauty Pageant	Rosie Ritchie – 562-810-0078
Seal Beach Lions Club	Scott Newton – 562-537-3955
Seal Beach Leo Club	Scott Newton – 562-537-3955
Seal Beach Pony Baseball	www.sbpony.com
Seal Beach TV 3 Community Access	562-596-1404
Seal Beach Swim Club	562-430-1092
Seal Beach Speech Bums Toastmasters	Ed Smith – 714-996-5864 edlosmith@roadrunner.com
Seal Beach Volleyball Club	714-504-6326 www.sealbeachvolleyballclub.com
Seal Beach Wildlife Refuge	562-598-1024
Surfrider Foundation	Mike Balchin – 562-397-3658 mebahh2o@msn.com
Special Olympics So California-OC	Jimmy Wong – 714-564-8374
Trees for Seal Beach	714-235-0880
Woman’s Club of Seal Beach	Judy O’Neil 562-598-0718

## ■ TRASH

Republic Services (800) 299- 4898

## ■ STREET SWEEPING

R.F. Dickson (800) 573-3222

## ■ SEAL BEACH WATER BILLING

Water Billing (562) 431-2527 x1309

## ■ CITY & GOVERNMENT OFFICES

Seal Beach City Hall	562-431-2527
Community Services Office	General Info: 562-431-2527, x1344
Los Al Unified School District	562-799-4700
McGaugh School Office	562-799-4560
Police Dept, non-emergency	562-799-4100
Police Substation	562-431-1518
SB Lifeguard Headquarters	562-430-2613
SB Com Pool @ McGaugh School	562-430-9612
SB Tennis Center	562-598-8624
Community Senior Serv	Senior lunch program: 562-430-6079
Senior Transportation (SB ONLY)	562-439-3699
Main Post Office (Westminster)	562-596-5546
Leisure World	562-431-6586
Fire Main Line	714-573-6000
Fire Information	714-573-6200

## ■ RECREATION & COMMUNITY SERVICES

Los Alamitos Recreation	562-430-1073
Los Alamitos Youth Center	562-493-4043
Rossmoor Comm. Services Dist	562-430-3707

## ■ LIBRARIES

Leisure World Library	562-431-1611
Mary Wilson Library	562-431-3584
Rossmoor/Los Alamitos Library	562-430-1048

## ■ PRESCHOOL

Growing Tree	562-430-2434
Sun N Fun	562-430-4384
Seal Beach Playgroup	562-594-0066
Marley’s Preschool	562-598-2900

## ■ LOCAL NEWS

Seal Beach TV 3 (Community Access)	562-596-1404
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## ■ COMMUNITY SERVICES DEPARTMENT

Hours of Operation	Monday-Friday; 8am - 5pm Closed Daily 12-1pm
Address	211 8th Street, Seal Beach, CA 90740 (562) 431-2527
Ext. 1307 – Adult Sports, Athletic Fields, Community Gardens, Classes, and General Information	
Ext. 1339 – Facility/Park Rentals, Special Event Permits, Film Permits, and Seal Beach Tennis Center	
Ext. 1344 – Brochure/Classes, Instructors, Aquatics, Classes, and General Information	



City of Seal Beach- Community Services



SealBeachRec

seal beach

chamber of commerce

## Summer Concert Series 2019

6-8 p.m. • Eisenhower Park

- June 26** **LAvation** U2 Tribute Band
- July 3** **Band on the Sand\***
- July 10** **Highway 91** Country and Classic Rock
- July 17** **Escape** Journey Tribute Band
- July 24** **Stevie Nicks Illusion** A Tribute to Stevie Nicks and Fleetwood Mac
- July 31** **The Country Club Band** Country and Pop
- Aug 7** **Coral Paradise** Jimmy Buffet Tribute Band

The Chamber and City of Seal Beach, along with individual band sponsors have made these events free to the public. The concerts will run every Wednesday evening from 6 to 8 p.m. starting June 26 through August 7 at Eisenhower Park next to the Seal Beach Pier. In order to ensure there is enough space for all residents to enjoy the concerts, please do not set unattended chairs or any other items to reserve spots until after 4 p.m. All chairs and items that are in the park before 4 p.m. must be accompanied at all times, and limited to space accommodating up to four people. If left unattended, your belongings will be picked up and held at the chamber booth for pickup and your space will be forfeited. Please contact the Seal Beach Chamber of Commerce at (562) 799-0179 for additional information.

\*Band on the Sand is a separate event located on the beach on July 3

## National Night Out

Tuesday August 6. 5pm

Target Town Center  
12300 Seal Beach Blvd

National Night Out is a designated evening when communities across America come together to take a stand against crime, drugs, and disorder in their neighborhoods. At the Target Town Center, on August 6, 2019, the Seal Beach Police Department, along with Seal Beach Marine Safety, Community Services, Public Works Department, and Target Stores, bring you a night of information, interaction with public safety, and fun. Join us this year for National Night Out, and for any questions, please contact the Police Department at 562-799-4100 ext. 1145.

## Seal Beach Lions Fish Fry

Saturday, July 20. 11am – 7pm

Sunday July 21. 11am – 6pm

Fish and Chips will sizzle along with bratwurst, jumbo hot dogs and other great foods. What started 75 years ago as a celebration of the local harvest, is now the longest running event in Seal Beach. Local bands will play continuously throughout the weekend for the many locals and visitors who come out to support the Lions in their effort to improve our community and help the needy. There is no charge to attend this iconic Seal Beach event hosted by the Seal Beach Lions Club. For additional information, check the Lions website: [www.sealbeachlions.org](http://www.sealbeachlions.org)

## Rough Water Swim

Saturday, June 22

Seal Beach Pier  
at Eisenhower Park

Everyone is welcome! Race distances consist of a 3-mile, 1-mile and kid's swim with distances based upon age. For additional event information, please contact Maria Fattal at (562) 430-1092 or visit [www.sealbeachswimclub.org](http://www.sealbeachswimclub.org).

# MOVIES IN THE PARK

## FREE Family-Friendly Films

Eisenhower Park (next to the pier), Seal Beach

September 6th	September 20th
September 13th	September 27th

Movies begin promptly at **sunset**  
Grab a chair or blanket and buy snacks locally!  
Get updates at [moviesintheparksb.com](http://moviesintheparksb.com)

Proudly sponsored and produced by **FRESH CUT**  
CREATIVE

Seal Beach Community PERFORMING ARTS ASSOCIATION  
SUNDAY IN THE PARK WITH SHAKESPEARE  
Presented by Shakespeare by the Sea SBTS



**Sunday August 4, 2019 · 7:00pm**

Eisenhower Park • the Pier • Main + Ocean Ave., Seal Beach

• **Admission is Free** •

For audiences seeking quality family entertainment, this free performance can't be beat. Pack a picnic, bring a blanket and beach chair and settle in under the stars for a time of classic entertainment.

**Be a sponsor with benefits! Visit [sealbeacharts.org](http://sealbeacharts.org)  
or call 562.429.3992 for info**

# Summer Camps

## Anne Pennypacker Camps

### Cute Baby Animals Art Camp

Anne Pennypacker

Marina Community Center – Large Room, 151 Marina Dr

Have you ever seen how adorable Japanese squirrels are, or how silly baby giraffes look? This exciting camp will make learning about different animals and their environments tons of fun! We'll play animal inspired games, discuss cool animal facts and better yet, every day using several art mediums we'll create museum worthy masterpieces for our exhibit at camp's end! \$30 material fee due at first class meeting.

327040-01 1 week Mon-Fri 6/17-6/21 9:30-11am 5-12 yrs \$138



### Superhero Gymnastics Camp

Anne Pennypacker

Marina Community Center – Large Room, 151 Marina Dr

Boys & Girls! Run Fast! Jump High! Leap Far! Join Miss Anne in an action packed gymnastics camp. "Superheroes" will learn tumbling skills & create their own super-powered costumes! \$25 material fee payable to instructor on the first day of camp.

327048-01 1 week Mon-Fri 6/17-6/21 11am-1pm 4-7 yrs \$158

327048-02 1 week Mon-Fri 7/22-7/26 11am-1pm 4-7 yrs \$158

### Fairytale Fantasy Art Camp ★NEW★

Anne Pennypacker

Marina Community Center – Large Room, 151 Marina Dr

From fairies, unicorns & mermaids, to dragons, gnomes & elves, this mystical camp has it all! Using several artistic medias, campers will create an enchanting exhibit to wow our audience at week's end! \$30 material fee payable to instructor on the first day of camp.

327061-01 1 week Tue-Fri 6/18-6/21 1-3pm 5-12 yrs \$138

### Zombie-riffic Art Camp

Anne Pennypacker

Marina Community Center – Large Room, 151 Marina Dr

A ghoulishly good time will be had by all who attend this ethereal art camp! Every day using various artistic media, artists will create creepy canvases of zombie-riffic art for a HAUNTING show at week's end! \$30 material fee payable to instructor on the first day of camp.

327041-01 1 week Mon-Fri 6/24-6/28 9:30-11am 5-12 yrs \$138

### Hip Hop Dance Camp

Anne Pennypacker

Marina Community Center – Large Room, 151 Marina Dr

High energy, pumping music and tons of fun! This camp will not only get everyone dancing to upbeat (and appropriate) music, but we'll throw down mats and do some tumbling too. We'll make our own Breakin' Funky T-Shirts to perform in at weeks end! \$25 material fee payable to instructor at first class.

327043-01 1 week Mon-Fri 7/8-7/12 9:30am-12pm 5-12 yrs \$158

327043-02 1 week Mon-Fri 7/29-8/2 9:30am-12pm 5-12 yrs \$158

### Magizoology: Fantastic Beasts Art Camp

Anne Pennypacker

Marina Community Center – Large Room, 151 Marina Dr

Enrolling all muggles for a wizardly week of Potter-themed art! Discover and draw your patronus animal, and explore the depths of Magizoology: griffins, dragons, centaurs, unicorns and more! Using various artistic media through the week, we'll have a collection worthy of the walls of Hogwarts for a magical presentation at camp's end! \$30 material fee payable to instructor at first day of camp.

327045-01 1 week Mon-Fri 7/8-7/12 12-2pm 5-12 yrs \$158

### Enchanted Princess Camp

Anne Pennypacker

Marina Community Center – Large Room, 151 Marina Dr

Come dream of far off lands, enchanted forests full of unicorns and fairies where fairytales do exist. Princesses will sing, dance, and create magical costumes to wear for the happy ending- our ENCHANTING SHOW at camp's end! \$25 material fee payable to instructor on the first day of camp.

327049-01 1 weeks Mon-Fri 7/15-7/19 9:30-11am 4-7 yrs \$138



## Rockstar Popstar Camp

Anne Pennypacker

Marina Community Center – Large Room, 151 Marina Dr

C-mon boy & girls, it's time to party like a rockstar! We will learn lyrics and hip hop dance moves to our favorite pop songs and be stars! At weeks end, we'll costume up and put on a concert not to be missed! \$25 material fee payable to instructor on the first day of camp.

327046-01 1 week Mon-Fri 7/15-7/19 11am-1pm 5-12 yrs \$158

## "Jurassic" Art Camp

Anne Pennypacker

Marina Community Center - Large Room, 151 Marina Dr

Travel back 199 million years to create dinosaurs, birds and rodents amidst a warm climate full of lush forests. Artists will explore the lands before time, learning history as they paint, draw and sketch these amazing creatures. \$30 material fee payable to instructor at first day of camp.

327050-01 1 week Tue-Fri 7/16-7/19 1-3pm 5-12 yrs \$138

## Perfect Pixies & Fabulous Fairies

Anne Pennypacker

Marina Community Center – Large Room, 151 Marina Dr

Do you believe? With a sprinkle of pixie dust we'll journey to a fantasy land where fairies dance the days away. From flower fairies to secret garden games, every day will be a magical new adventure. We will create our own pixie dust and fairy wings to wear for our special show at camp's end. \$25 material fee payable to instructor on the first day of camp.

327053-01 1 week Mon-Fri 7/22-7/26 9:30-11am 4-7 yrs \$138

## Sea Monster Art Camp

Anne Pennypacker

Marina Community Center – Large Room, 151 Marina Dr

A monstrously cool camp exploring the folklore of mythical sea monsters such as krakens, mermaids, the hippocamp, bunyip and many more! Every day artists will create magical masterpieces using various artistic media while learning the legends and tales of old. \$30 material fee payable to instructor on the first day of camp.

327054-01 1 week Tue-Fri 7/23-7/26 1-3pm 5-12 yrs \$138

## Star Wars Art Camp!

Anne Pennypacker

Marina Community Center – Large Room, 151 Marina Dr

A long time ago, in an art camp far far away... young Jedis trained to become masters of star wars themed art. Using various artistic media throughout the week, we'll have a collection as strong as the force for an exhibit at camp's end. \$30 material fee payable to instructor on the first day of camp.

327055-01 1 weeks Mon-Fri 7/29-8/2 12-2pm 5-13 yrs \$158

## Musical Madness: Aladdin! ★NEW★

Anne Pennypacker

Marina Community Center – Large Room, 151 Marina Dr

Genie, I wish for the BEST summer camp ever! Wishes come true as we journey to Agrabah, visit the Cave of Wonders, and create a whole new world through dancing, singing, and acting. Curtains open at camp's end for a magical show not to be missed! \$25 material fee payable to instructor on the first day of camp.

327052-01 1 week Tue-Fri 6/25-6/28 1-3pm 5-13 yrs \$138

## Musical Madness: Descendants! ★NEW★

Anne Pennypacker

Marina Community Center – Large Room, 151 Marina Dr

Travel to Auradon and the Isle of the Lost in this Descendants themed camp! Become Mal, Eric, Carlos, Ben and many more characters to discover why good is the new bad! Curtains open at camp's end for a magical musical performance! \$25 material fee payable to instructor on the first day of camp.

327052-02 1 weeks Tue-Fri 7/30-8/2 2-4pm 5-13 yrs \$138

## Cartoon Classics Art Camp ★NEW★

Anne Pennypacker

Marina Community Center – Large Room, 151 Marina Dr

Paint, sketch, and create favorite cartoon characters and see them come to life upon the canvas! Using various artistic media, campers will create captivating caricatures for an amazing exhibit at camp's end! \$30 material fee payable to instructor on the first day of camp.

327060-01 1 week Mon-Fri 6/24-6/28 11am-1pm 5-13 yrs \$158

## Imagination Machine Writing Workshop Camps ★NEW★

### The Imagination Machine, Inc.

Students will learn creative writing skills through various exercises, and receive a performance of their original work by professional actors! No Class 7/4

Firestation 48 Community Room, 3131 N. Gate Rd

323210-01 1 week Mon-Fri 6/24-6/28 9am-12:30pm 7-12 yrs \$210

323210-02 1 week Mon-Fri 7/1-7/5 9am-12:30pm 7-12 yrs \$160

323210-03 1 week Mon-Fri 7/8-7/12 9am-12:30pm 7-12 yrs \$210

Seal Beach Tennis Center, 3900 Lampson Ave

323210-04 1 week Mon-Fri 7/15-7/19 9am-12:30pm 7-12 yrs \$210

323210-05 1 week Mon-Fri 7/22-7/26 9am-12:30pm 7-12 yrs \$210

Marina Community Center Small Room, 151 Marina Dr

323210-06 1 week Mon-Fri 7/29-8/2 9am-12:30pm 7-12 yrs \$210

## Build It Workspace Camps

### Tech Spaces Camp

**Build It Workspace Staff**  
**Build It Workspace, 4388 Cerritos Ave.**

Turn your curiosity into creativity by exploring different technology spaces at Build It Workspace. Discover the latest in creative technology through age-appropriate activities and challenges, from traditional woodworking and fiber art to Computer Aided Design (CAD) and graphic art. Explore 3D printing, robotics, laser cutting, and the software and science behind it all.

313083-01	1 week	Mon-Fri	6/3-6/7	9am-12pm	5-9 yrs	\$250
313083-02	1 week	Mon-Fri	6/3-6/7	9am-12pm	10+ yrs	\$250
313083-03	1 week	Mon-Fri	6/10-6/14	9am-12pm	10+ yrs	\$250
313083-04	1 week	Mon-Fri	6/17-6/21	9am-12pm	5-9 yrs	\$250
313083-05	1 week	Mon-Fri	6/24-6/28	9am-12pm	10+ yrs	\$250
313083-06	1 week	Mon-Fri	7/8-7/12	9am-12pm	5-9 yrs	\$250
313083-07	1 week	Mon-Fri	7/15-7/19	9am-12pm	10+ yrs	\$250
313083-08	1 week	Mon-Fri	7/22-7/26	9am-12pm	5-9 yrs	\$250
313083-09	1 week	Mon-Fri	7/29-8/2	9am-12pm	5-9 yrs	\$250
313083-10	1 week	Mon-Fri	7/29-8/2	9am-12pm	10+ yrs	\$250

### Keyboarding & Coding Camp

**Build It Workspace Staff**  
**Build It Workspace, 4388 Cerritos Ave.**

Learn basic keyboarding skills to type quickly and accurately so you can begin your journey into coding! Think logically, recognize patterns, and solve problems as you explore the basic concepts of coding that are the building blocks for creating your own games, animations, and apps.

313102-01	1 week	Mon-Fri	6/10-6/14	9am-12pm	5-9 yrs	\$250
313102-02	1 week	Mon-Fri	7/15-7/19	9am-12pm	5-9 yrs	\$250

### Python Programming Camp

**Build It Workspace Staff**  
**Build It Workspace, 4388 Cerritos Ave.**

Program with Python and create your own playable games and interactive apps. Python is a versatile language that is easy to understand for beginners and powerful enough to be used at Google, Amazon, and YouTube. Master Python programming and prepare yourself for a bright future!

313103-01	1 week	Mon-Fri	6/17-6/21	9am-12pm	10+ yrs	\$250
313103-02	1 week	Mon-Fri	7/22-7/26	9am-12pm	10+ yrs	\$250

## Rockets Camp

**Build It Workspace Staff**  
**Build It Workspace, 4388 Cerritos Ave.**

Learn the foundations of rocket construction as you design, build, and launch your very own rocket. Create your spacecraft using traditional and high-tech tools at The Workspace. Explore aerodynamics, propulsion, and physics as you blast your rocket high into the sky!

313104-01	1 week	Mon-Wed	7/1-7/3	9am-12pm	5-9 yrs	\$150
313104-02	1 week	Mon-Wed	7/1-7/3	9am-12pm	10+ yrs	\$150

## Battle Bots Camp

**Build It Workspace Staff**  
**Build It Workspace, 4388 Cerritos Ave.**

Design and build faster, smarter, and stronger robots to eliminate your opponent! Based on the hit TV series, young engineers will experience the thrill of the competition as they prepare their robots for battle. All skill levels are welcome.

313105-01	1 week	Mon-Fri	7/8-7/12	9am-12pm	10+ yrs	\$250
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## Jr. Robotics Camp

**Build It Workspace Staff**  
**Build It Workspace, 4388 Cerritos Ave.**

Young engineers of all skill levels are welcome to join the fun as we explore real-world topics through fun activities and challenges. Develop teamwork and presentation skills as you build motorized Lego models to share with others.

313095-01	1 week	Mon-Fri	6/24-6/28	9am-12pm	5-9 yrs	\$250
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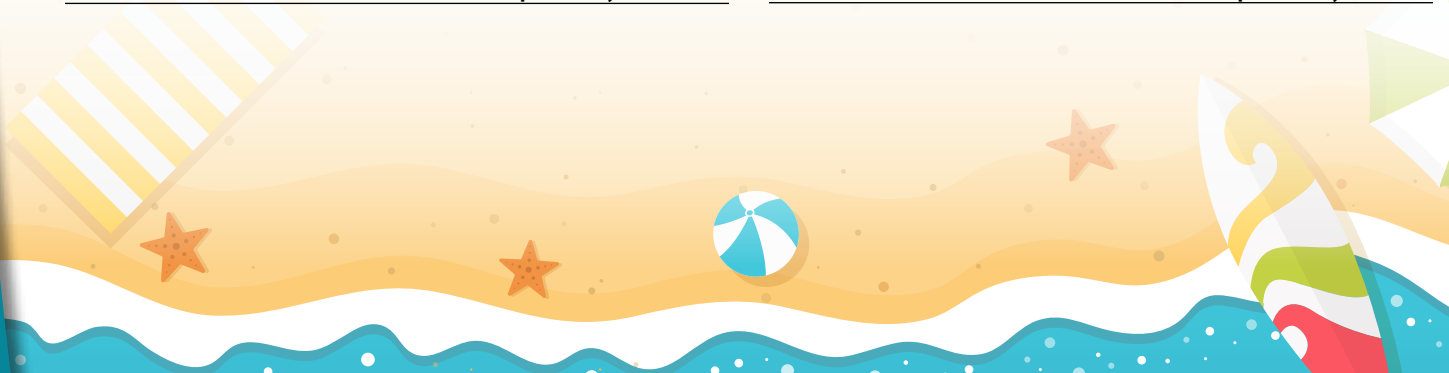
## Lift Enrichment Camps

### Food Network Favorites

**Lift Enrichment**  
**Fire Station 48 Community Room, 3131 N. Gate Rd**

Learn to make delicious and healthy food by your favorite celebrity chefs such as Gordon Ramsay and Bobby Flay in this fun, interactive cooking class! We'll make 15 delicious recipes each week, such as Pasta Caprese, Kale Salad, or Chicken Tacos. Students will develop their culinary skills and learn about nutrition, culture and even dining etiquette so they can cook at home and expand their palates. Camp includes: cookbook, kid apron, chef hat, certificate of completion, video recipe guide, and a Kid Restaurant for parents on the last day to sample some of our dishes. \$60 material fee payable to instructor on the first day of camp.

323201-01	1 week	Mon-Fri	6/17-6/21	9am-12pm	6-11 yrs	\$199
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## 5 Ingredient Feast

### Lift Enrichment

**Fire Station 48 Community Room, 3131 N. Gate Rd**

Your kids will learn to make EASY, simple, healthy AND delicious foods in our fun, interactive cooking classic. This session features tasty meals using ONLY 5 ingredients per recipe! We'll make kid-favorites like Fried Brown Rice, Sweet Potato Chili, Chicken & Broccoli Teriyaki, Mac & Cheese & Zucchini and more! Students will develop their culinary skills and learn about nutrition, culture and even dining etiquette so they can cook at home and expand their palates. Camp includes: cook-book, kid apron, chef hat, certificate of completion, video recipe guide and a Kid Restaurant for parents on the last day to sample some of our dishes. \$60 material fee payable to instructor on the first day of camp.

323202-01 1 week Mon-Fri 7/22-7/26 9am-12pm 6-11 yrs \$199

## Edutainment Camp

### Top Junior Chef

#### Edutainment Arts

**Firestation 48 Community Room, 3131 N. Gate Rd**



Our goal is to open a restaurant in one week! Campers will learn food handling skills and hygiene and then learn how to make several delicious and fun dishes. Crafts and games are used to keep the cooking fun. Our restaurant is open at the end of the week for family and friends. (2 guests per student enrolled allowed at the final days meal.) \$20 material fee payable to instructor at first day of camp.

323162-01 1 week Mon-Fri 7/15-7/19 9am-12pm 7-12 yrs \$165

## Incrediflix Camps

### Green Screen LEGO Flix

#### Incrediflix Inc.

**Firestation 48 Community Room, 3131 N. Gate Rd**

Bring LEGO stop-motion animation to the next level! Students transport their LEGO worlds using green screen technology, and then bring it to life in movies students will storyboard, shoot, and voice-over in age appropriate groups. Movies will be available for download 1 month after program ends. \$35 Production Fee payable to Instructor on the first day of camp.

327209-01 1 week Mon-Fri 7/29-8/2 9am-12pm 7-12 yrs \$210

## Animation Flix

#### Incrediflix Inc.

**Firestation 48 Community Room, 3131 N. Gate Rd**

All new animations for 2019! In this fast paced class, students create up to 4 stop motion movies using dinosaurs, paper cartoons, white board, and a free choice where students get to choose from PlayDoh, jewels, or items brought from home. Movies will be available for download 1 month after program ends. \$35 Production fee payable to instructor on the first day of camp.

327211-01 1 week Mon-Fri 7/29-8/2 1-4pm 7-12 yrs \$210

## LEGO & Animation Flix

#### Incrediflix Inc.

**Firestation 48 Community Room, 3131 N. Gate Rd**

Registration discount and lunch supervision provided for those who register for a full day of IncrediFlix camps! Discount included in price of camp. Please bring your own sack lunch. See individual camp descriptions. \$70 production fee payable to the instructor due first day of camp.

327212-01 1 week Mon-Fri 7/29-8/2 9am-4pm 7-12 yrs \$380

## Mad Science Camps

### Mad Science – Crazy Chemworks

#### O.C. Mad Science

**Marina Community Center – Large Room, 151 Marina Dr**

Come and discover what it's like to be a real scientist and work in a Mad Science Lab. Each day we will experiment with different chemicals and tools to see what kind of interesting and crazy reactions we can create! Students will explore acids and bases, reveal the secret recipe of slime and examine crystallization. By the end of the week the Jr. Mad Scientists will have their very own chemistry set so they can perform their own experiments at home! \$30 materials fee due the first day of class.

327204-01 1 week Mon-Fri 6/10-6/14 9am-12pm 5-12 yrs \$165

327204-02 1 week Mon-Fri 6/10-6/14 1:30-4:30pm 5-12 yrs \$165

### Mad Science – Little Scientist Preschool

#### O.C. Mad Science

**Marina Community Center – Small Room, 151 Marina Dr**

Investigate the science of nature with this fun summer camp for the youngest of scientist. Cultivate your interest in life science as you learn about insects, weather, plants and soil. Experience fun hands-on experiments in this week-long lab. Parents requested not to stay during class. Must be potty trained. Instructor: Student ratio is 1:8. \$30 materials fee is due the first day of class.

327202-01 1 week Mon-Fri 6/10-6/14 9am-12pm 3.5-5 yrs \$175

327202-02 1 week Mon-Fri 7/15-7/19 9am-12pm 3.5-5 yrs \$175

## Mad Science – Rockin’ Rockets

O.C. Mad Science

Marina Community Center – Small Room, 151 Marina Dr

Aerodynamics and Motion are the stars of this fun filled week! Design and build everything from kites to planes to ROCKETS! Experiment with different propulsion systems as you use your new knowledge to blast off, track and recover all kinds of Flying Machinery! Have a rockin’ good time at this rocket camp! \$30 materials fee due the first day of class.

327205-01 1 weeks Mon-Fri 6/24-6/28 9am-12pm 5-12 yrs \$165

## Mad Science – NASA Jr.

O.C. Mad Science

Marina Community Center – Large Room, 151 Marina Dr

Join our Academy of Future Space Explorers. Build your own model rocket, race a balloon rocket, and then see the real thing - a rocket launch up to 300 ft. in the air! Use teamwork to complete an important space mission. Make and take home your own comet, Space Copter and much more. This NASA camp is 'Out of this World'! \$30 materials fee due the first day of class. No Class 7/4

327200-01 1 weeks Mon-Wed 7/1-7/3 9am-12pm 5-12 yrs \$109

## Mad Science – Forensics Lab

O.C. Mad Science

Marina Community Center – Small Room, 151 Marina Dr

Mad Science Investigators: Focus on the science of Forensics in this hands-on look at crime scenes. Identify and collect evidence, from fingerprints to tracks to trash! Recreate the scene of a crime using clues and detailed observations. Campers will use science to connect the dots and help sniff out the suspects in this hands-on investigation into the science of sleuthing. \$30 materials fee is due the first day of class.

327206-01 1 week Mon-Fri 7/22-7/26 9am-12pm 5-12 yrs \$165

## Play-Well TEKologies Camps

### Minecraft Engineering Using LEGO® Materials

Play-Well TEKologies

Marina Community Center Small Room, 151 Marina Dr

Bring Minecraft to life using tens of thousands of LEGO® parts! Build engineer-designed projects such as a motorized Creeper, a portal to the Nether, and a moving Minecart! Create your favorite Minecraft objects with the guidance of an experienced Play-Well instructor. Whether you are new to Minecraft and LEGO® materials or a seasoned veteran, you'll be hooked on the endless creative possibilities.

313058-01 1 week Mon-Fri 7/8-7/12 9am-12pm 5-7 yrs \$178

### Minecraft Master Engineering Using LEGO® Materials

Play-Well TEKologies

Marina Community Center Small Room, 151 Marina Dr

Bring Minecraft to life using LEGO® parts! Build a motorized walking Creeper, a terrifying Ghast, and a motorized Minecart! This project-based camp, designed by Play-Well instructors, combines the basic format of our core engineering-themed programs based on the world of Minecraft. Students will explore real-world concepts in physics, engineering, and architecture while building their favorite Minecraft objects. Students will have a blast, even without any prior experience with Minecraft or LEGO® materials.

313058-02 1 week Mon-Fri 7/8-7/12 1-4pm 7-12yrs \$178

### Intro to STEM Using LEGO® Materials

Play-Well TEKologies

Seal Beach Tennis Center, 3900 Lampson Ave

Let your imagination run wild with tens of thousands of LEGO® parts! Build engineer-designed projects such as: Trains, Helicopters, Tree-houses, and Beam Bridges. Design and build as never before, and explore your craziest ideas in a supportive environment. There are no prerequisites for this course.

313057-01 1 week Mon-Fri 7/29-8/2 9am-12pm 5-7 yrs \$178

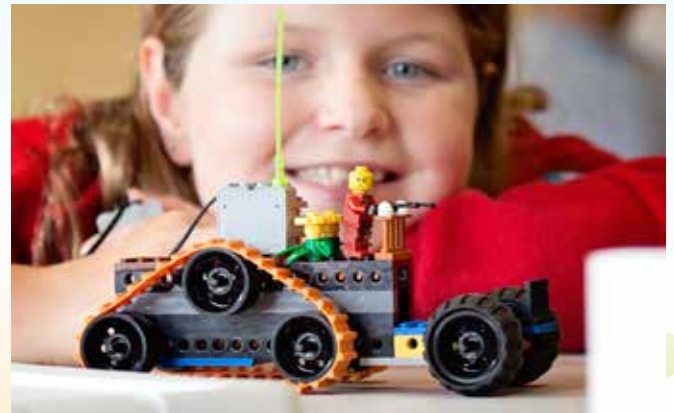
### STEM Challenge Using LEGO® Materials

Play-Well TEKologies

Seal Beach Tennis Center, 3900 Lampson Ave

Level up your engineering skills with Play-Well TEKologies and tens of thousands of LEGO® parts! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects such as: Gear Cars, Gondolas, Merry-Go-Rounds, and Scissor Lifts. Design and build as never before, and explore your craziest ideas in a supportive environment. There are no prerequisites for this course.

313057-02 1 week Mon-Fri 7/29-8/2 1-4pm 7-12 yrs \$178



## One on One Basketball

### Summer Basketball Camp

One on One Basketball, Inc.

McGaugh Campus, 1698 Bolsa Ave

Join Coach Ryan and our highly-experienced coaching staff this summer for proven instruction and an awesome time. Each day will include fundamental basketball stations, games, and scrimmages as well as a focus on teamwork, good sportsmanship, and maintaining a positive attitude. Full Day includes outside games after lunch, yoga, workout (age based) and extended basketball games. All campers receive a 1on1 Camp T-Shirt.

#### Half Day Camps

323040-01	1 week	Mon-Fri	6/10-6/14	9am-12pm	6-14 yrs	\$140
323040-02	1 week	Mon-Fri	6/17-6/21	9am-12pm	6-14 yrs	\$140
323040-03	1 week	Mon-Fri	6/24-6/28	9am-12pm	6-14 yrs	\$140
323040-04	1 week	Mon-Fri	7/8-7/12	9am-12pm	6-14 yrs	\$140
323040-05	1 week	Mon-Fri	7/15-7/19	9am-12pm	6-14 yrs	\$140
323040-06	1 week	Mon-Fri	7/22-7/26	9am-12pm	6-14 yrs	\$140
323040-07	1 week	Mon-Fri	7/29-8/2	9am-12pm	6-14 yrs	\$140

#### Full Day Camps

323040-08	1 week	Mon-Fri	6/24-6/28	9am-3pm	6-14 yrs	\$240
323040-09	1 week	Mon-Fri	7/8-7/12	9am-3pm	6-14 yrs	\$240
323040-10	1 week	Mon-Fri	7/15-7/19	9am-3pm	6-14 yrs	\$240
323040-11	1 week	Mon-Fri	7/22-7/26	9am-3pm	6-14 yrs	\$240
323040-12	1 week	Mon-Fri	7/29-8/2	9am-3pm	6-14 yrs	\$240

## Skyhawks Sports Camps

### Skyhawks Basketball Camp

Skyhawks Sports

College Estates Park, 808 Stevely Ave.

This fun, skill-intensive program is designed for beginning to intermediate players. An active week of passing, shooting, dribbling, and rebounding makes this one of our most popular programs. Our basketball staff will also focus on respect, teamwork and responsibility. All participants receive a t-shirt, basketball, and player evaluation.

323183-01	1 week	Mon-Wed	7/1-7/3	9am-12pm	7-12 yrs	\$119
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## Challenger Sports Camps

### International Soccer Camp

Challenger Sports

Bluebell Park, Almond Ave @ Bluebell

Challenger Sports, the leading soccer camp company in North America is excited to announce the launch of a brand new, innovative fully integrated soccer camp that will accelerate the learning process of young players! Challenger has combined the most popular elements of their two existing industry-leading camp programs, British Soccer and TetraBrazil, and has integrated them with a collection of the most effective soccer practices used by youth teams around the world. The new camp will be the Challenger International Soccer Camp and reflect the truly global nature of the sport today and will provide young players with a wide variety of coaching styles, practices, and influences that will help them develop a well-rounded skill set. We have taken the best coaching methodologies and practices from England, Brazil, Spain, USA and France have woven them together in a multi-faceted on and off-field coaching experience.

323170-01	1 weeks	Mon-Fri	7/8-7/12	5-8pm	5-16 yrs	\$150
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### TinyTykes Lions Camp

Challenger Sports

Bluebell Park, Almond Ave @ Bluebell

TinyTykes is an exciting program that teaches basic soccer skills while focusing on motor skill development, balance, coordination, concentration, listening skills and teamwork of players ages 3-5. Coaches will take your young player on a journey to imaginary destinations through storytelling, and games! All campers will receive a International Soccer T-Shirt, International Soccer Ball, Camp Poster, 20 FREE iChallenge Skills, FREE virtual Coaching on the iChallenge App & iChallenge Mini Challenges to continue at home.

323171-01	1 weeks	Mon-Fri	7/8-7/12	4-5pm	3-5 yrs	\$110
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## TGA Premier Sports

### TGA Premier Sports Camps ★NEW★

**TGA Premier Sports**  
Edison Park, 99 College Park Dr

TGA Premier Sports offers an unforgettable experience for your camper by combining professional instruction, station-based games and drills, and fun activities. Camps feature Sport Specific STEAM Labs (science experiments, art activities, etc.), Fun All Camp Activities each day, and a Friday Festival and Game Day for friends and family to attend! Learn a new sport or improve your skills and make friends and memories that will last a lifetime. TGA Sports Camps include: Daily nutritional lunches, snacks and drinks, sports bottle, fun giveaways and awards, specialized sport professionals, low camper to instructor ratio, and a fun, enriching camp environment. Camp also includes optional before/after camp care (\$10 for 1 hour before camp, \$16 for 2 hours after camp). Golf Camp: \$20 Club Rental (students can bring their own for no fee).

#### TGA Premier Ultimate Frisbee

323100-01	1 week	Mon-Fri	6/10-6/14	9am-3pm	5-15 yrs	\$259
323100-02	1 week	Mon-Fri	7/15-7/19	9am-3pm	5-15 yrs	\$259

#### TGA Premier Volleyball

323100-03	1 week	Mon-Fri	6/10-6/14	9am-3pm	5-15 yrs	\$259
323100-04	1 week	Mon-Fri	7/15-7/19	9am-3pm	5-15 yrs	\$259

#### TGA Premier Floor Hockey

323100-05	1 week	Mon-Fri	6/10-6/14	9am-3pm	5-15 yrs	\$259
323100-06	1 week	Mon-Fri	7/15-7/19	9am-3pm	5-15 yrs	\$259

#### TGA Premier Golf

Bixby Village Golf Course, 6180 Bixby Village Dr

323100-07	1 week	Mon-Fri	6/3-6/7	9am-3pm	5-15 yrs	\$285
323100-08	1 week	Mon-Fri	6/17-6/21	9am-3pm	5-15 yrs	\$285
323100-09	1 week	Mon-Fri	7/8-7/12	9am-3pm	5-15 yrs	\$285
323100-10	1 week	Mon-Fri	7/22-7/26	9am-3pm	5-15 yrs	\$285
323100-11	1 week	Mon-Fri	8/5-8/9	9am-3pm	5-15 yrs	\$285
323100-12	1 week	Mon-Fri	8/19-8/23	9am-3pm	5-15 yrs	\$285



## Surf Camps

### M&M Surfing – 5 Day Surf Camp

**M&M Surf Instructors**  
8th Street Beach, 8th St & Ocean Ave

Michael Pless, owner and operator of M & M Surfing School has been teaching for over 25 years and has over 50 years of surfing experience. This supervised program is designed to teach beginning and intermediate surfing to small groups with emphasis on safety first, in a fun-filled environment, including boogie boarding & other fun water sports after lunchtime, at the discretion of the instructor. All instructors are CPR, 1st Aid and Water Safety Certified. Register through the Community Services Office or online at register.sealbeachca.gov. Registration will not be accepted at the class. Surfboards and wetsuits are provided.

367061-01	1 week	Mon-Fri	6/3-6/7	8am-2pm	5+ yrs	\$290
367061-02	1 week	Mon-Fri	6/10-6/14	8am-2pm	5+ yrs	\$290
367061-03	1 week	Mon-Fri	6/17-6/21	8am-2pm	5+ yrs	\$290
367061-04	1 week	Mon-Fri	6/24-6/28	8am-2pm	5+ yrs	\$290
367061-05	1 week	Mon-Fri	7/1-7/5	8am-2pm	5+ yrs	\$290
367061-06	1 week	Mon-Fri	7/8-7/12	8am-2pm	5+ yrs	\$290
367061-07	1 week	Mon-Fri	7/15-7/19	8am-2pm	5+ yrs	\$290
367061-08	1 week	Mon-Fri	7/22-7/26	8am-2pm	5+ yrs	\$290
367061-09	1 week	Mon-Fri	7/29-8/2	8am-2pm	5+ yrs	\$290

### M&M Marine Biology + Surf Camp

**M&M Surf**  
8th Street Beach, 8th St & Ocean Ave

Come join us for a marine biology adventure! Includes surfing, boogie boarding, beach games and hands on experiments and activities to learn about the marine environment. We will explore life cycles of marine invertebrates, complete bird surveys, examine plankton, and much more!

367065-01	1 week	Mon-Fri	6/3-6/7	8am-3pm	5-18 yrs	\$375
367065-02	1 week	Mon-Fri	7/29-8/2	8am-3pm	5-18 yrs	\$375

### M&M Marine Biology Camp

**M&M Surf**  
8th Street Beach, 8th St & Ocean Ave

Come join us for a marine biology adventure! Includes beach games, hands on experiments, and activities to learn about the marine environment. We will explore life cycles of marine invertebrates, complete bird surveys, examine plankton, and much more!

367066-01	1 week	Mon-Fri	6/3-6/7	1:30-3pm	5-18 yrs	\$150
367066-02	1 week	Mon-Fri	6/10-6/14	9-11am	5-18 yrs	\$150
367066-03	1 week	Mon-Fri	7/8-7/12	9-11am	5-18 yrs	\$150
367066-04	1 week	Mon-Fri	7/29-8/2	1:30-3pm	5-18 yrs	\$150
367066-05	1 week	Mon-Fri	8/5-8/9	9-11am	5-18 yrs	\$150



## Skateboarding Summer Camp

### Skateboarding Summer Camp Skatedogs

Little Cottonwood Park, 4000 Farquhar

Whether you are just learning or ready to learn advanced tricks, this camp is right for you. Make new friends, play games, win prizes, advance your skills and most importantly, have fun in our private skatepark. Requirements: A signed Skatedogs waiver form, a "trick" skateboard, knee pads, elbow pads and a helmet. Visit skatedogs.com to view our online skateboard customizer and to learn more about what type of skateboard to bring. No Class 7/4

323150-01	1 week	Mon-Fri	7/1-7/5	9am-12pm	5-13 yrs	\$145
323150-02	1 week	Mon-Fri	7/8-7/12	9am-12pm	5-13 yrs	\$181

## Tennis Camps

### Junior Tennis Camp

Mickey Yelverton – Academy Coordinator

Seal Beach Tennis Center, 3900 Lampson Ave

- \$199 per week includes SBTC T-shirt
- Daily drop-ins welcome: \$45 per day
- 10% discount for 2nd and 3rd siblings
- 10% discount for 3rd week attended



Register at the Seal Beach Tennis Center, 3900 Lampson Ave. For more information, call (562) 598-8624.

DATES	DAYS	TIME	AGE	PRICE	LOCATION
6/3-6/7	Mon-Fri	9am-12pm	6-17 yrs	\$199	SBTC
6/10-6/14	Mon-Fri	9am-12pm	6-17 yrs	\$199	SBTC
6/17-6/21	Wed-Fri	9am-12pm	6-17 yrs	\$199	SBTC
6/24-6/28	Mon-Fri	9am-12pm	6-17 yrs	\$199	SBTC
7/4-7/3	Mon-Fri	9am-12pm	6-17 yrs	\$120	SBTC
7/8-7/12	Mon-Fri	9am-12pm	6-17 yrs	\$199	SBTC
7/15-7/19	Mon-Fri	9am-12pm	6-17 yrs	\$199	SBTC
7/22-7/26	Mon-Fri	9am-12pm	6-17 yrs	\$199	SBTC
7/29-8/2	Mon-Fri	9am-12pm	6-17 yrs	\$199	SBTC



### M&M Summer Surf Pass

M&M Surf

8th Street Beach, 8th St & Ocean Ave

Summer passes are good for participation in all summer sessions. Don't wait, only 20 spots available for this great summer deal!

367062-01	13 weeks	Mon-Sun	6/3-9/1	8am-2pm	5+ yrs	\$850
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### Chas Weekly Surf Camp

Chas Wickwire

1st Street Beach, 1st St & Ocean Ave

Weekly surf camps for entry level to intermediate surfers of all ages. Held at 1st Street beach, the most consistent and well shaped surf in town.

367050-01	1 week	Mon-Fri	6/17-6/21	9am-1pm	All Ages	\$315
367050-02	1 week	Mon-Fri	6/24-6/28	9am-1pm	All Ages	\$315
367050-03	1 week	Mon-Fri	7/8-7/12	9am-1pm	All Ages	\$315
367050-04	1 week	Mon-Fri	7/15-7/19	9am-1pm	All Ages	\$315
367050-05	1 week	Mon-Fri	7/22-7/26	9am-1pm	All Ages	\$315
367050-06	1 week	Mon-Fri	7/29-8/2	9am-1pm	All Ages	\$315
367050-07	1 week	Mon-Fri	8/5-8/9	9am-1pm	All Ages	\$315
367050-08	1 week	Mon-Fri	8/12-8/16	9am-1pm	All Ages	\$315

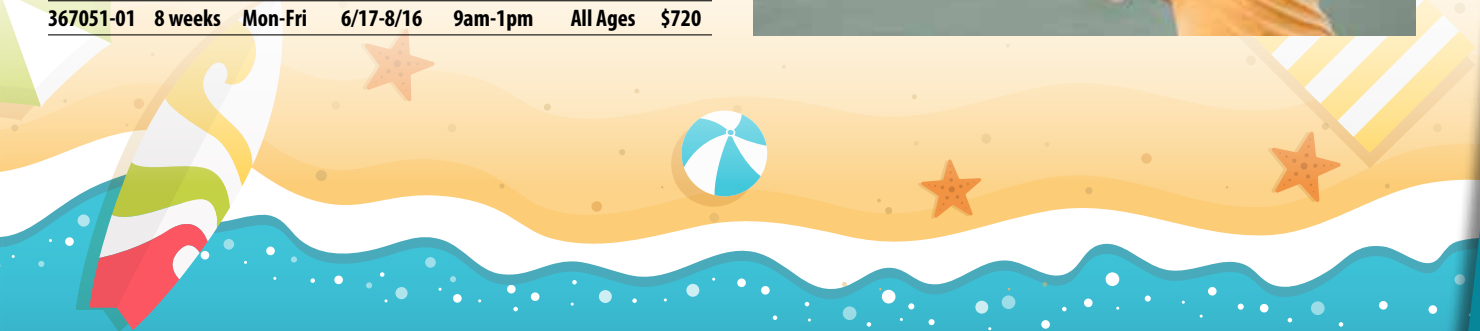
### Chas Summer Surf Pass

Chas Wickwire

1st Street Beach, 1st St & Ocean Ave

Summer passes are good for participation in all camp sessions (Monday-Friday). No Class 7/1-7/5

367051-01	8 weeks	Mon-Fri	6/17-8/16	9am-1pm	All Ages	\$720
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# Community Pool

McGaugh School • 1698 Bolsa Ave., Seal Beach Blvd. • Pool Office (562) 430-9612  
Community Services Office (562) 431-2527 Extension 1344

The McGaugh Pool was built in 1964. It is 25 yards in length and has six lanes open for lap swimming. The water temperature is maintained at 80 degrees and an outdoor, warm water shower with limited dressing rooms are available.

## Adult & Youth Lap Swim

This is an ongoing fitness/workout program for lap swimming. Pool is closed on national holidays. All passes must be purchased at City Hall in the Community Services Department. \$10 pass reissuing fee for all lost passes.

Days	Time	Ages	Fees
Monday-Friday	5:30am – 7am	Adult /16+ yrs	Pay at City Hall 16 swim pass: \$80 34 swim pass: \$136
Monday-Friday	11am – 1pm	Adult /16+ yrs	
Monday-Thursday	6:30pm – 8pm	Adult /16+ yrs	Unlimited Annual pass: \$300 (No guests)
Saturday & Sunday	8am – 12 Noon	Adult /16+ yrs	
Monday-Thursday**	6pm-6:30pm	Youth	16 swim pass: \$40
Saturday & Sunday	8am – 9am	Youth	

## Renew Your Swim Pass Online!

If you have already been issued an electronic card by the Community Services Department and would like to renew your swim pass, visit [register.sealbeachca.gov](http://register.sealbeachca.gov)

## Seal Beach Swim Team

The Seal Beach Swim Team is privately operated that conducts practices at McGaugh Community Pool. For Swim Team information, call Maria Fattal, a parent volunteer, directly at (562) 430-1092.

## Private Swim Lessons

Please call Nora Jean Terborch at the pool office at (562) 430-9612 to arrange a private lesson.

## Deep Water Aerobics

Cheryl von der Hellen

McGaugh Campus, 1698 Bolsa Ave

This deep water exercise develops total fitness. You will burn calories while improving endurance, flexibility, and strength. You must purchase your own buoyancy cuffs to participate in class. Cuffs can be purchased online at: [www.hydrofit.com](http://www.hydrofit.com) (classic or easy-close Hydro-Fit cuffs). These are the preferred cuffs. Hydrotherapy cuffs are also available on Amazon. This class fills up fast so sign up early!

344010-01	5 weeks	Mon&Wed	6/10-7/10	5:30-6:30pm	18+ yrs	\$70
344010-02	5 weeks	Mon&Wed	7/22-8/21	5:30-6:30pm	18+ yrs	\$70

## Recreation and Summer Swim Pass

Recreation swim is open to anyone who is interested in enjoying a fun afternoon at the pool. The pool is supervised by experienced staff and provides a great opportunity for a family pool day! All children must be accompanied by an adult. Pool passes must be purchased from the Community Services Department at City Hall. Resident summer pass is \$30. Non-resident pass is \$60. The summer pass is for immediate family ONLY (up to 6 people) and must be presented upon entry. Valid for all dates listed below.

6/10-8/2	Mon-Fri	1-2:30pm
6/16-8/4	Sunday	3:30-5:30pm

## Pool Party Rentals

Reserve the pool for a private party beginning April 1, 2019. Reservations are only available on Saturdays and Sundays from June 15 - August 18, 2019.

**Information:** Enjoy a private pool party for your group, organization or birthday celebration. Pool Party Rentals have a two hour minimum and four hour maximum, on Saturdays and Sundays ONLY. Rental times and dates are available in the Community Services Office or by calling (562) 431-2527 x: 1344.

**Reservations:** All paperwork and reservations must be handled through the Community Services Department. You must submit a pool party application and FULL payment in order to reserve a time slot. There will be a fee of \$25 for date changes and cancellations.

Party Times	Pool Rental Fees	2 Lifeguards (1-40 swimmers and non-swimmers)
<b>Saturday:</b> 1-3 p.m. 3:30-5:30 p.m.	Seal Beach Resident	<b>\$220</b> (per 2 hr time slot)
<b>Sunday:</b> 1-3 p.m.	Non- Resident	<b>\$240</b> (per 2 hr time slot)



## Swim Lessons

Summer swim classes are 5 day sessions (Mon-Fri) classes for 30 minutes. Resident fee is \$40 per child and non-resident fee is \$60 per child. Make-up classes are not offered. Parents are respectfully requested to observe swim lessons in the spectator area provided outside the pool deck. Only children currently enrolled in a lesson are permitted on the deck. The pool manager reserves the right to transfer any participant to a class that is more appropriate for the swimmers skill level. Swim classes are taught at McGaugh Campus, 1698 Bolsa Ave.

Fees for 5 Day Sessions: Monday - Friday	Registration Time	Online Registration	Walk-in Registration	Session	Class Dates
Resident: \$40/per child  Non-Resident: \$60/per child	Resident Registration: 8 a.m.  Non-Resident Registration: 11 a.m.	Friday, May 17	Friday, May 24	1	6/10-6/14
				2	6/17-6/21
				3	6/24-6/28
				4	7/8-7/12
				5	7/15-7/19
				6	7/22-7/26
				7	7/29-8/2

## Parent & Me (6 Months-3 Years)

To promote comfort, safety and enjoyment in and around the water. One adult per child required.

SESSION 1 6/10-6/14	SESSION 2 6/17-6/21	SESSION 3 6/24-6/28	SESSION 4 7/8-7/12	SESSION 5 7/15-7/19	SESSION 6 7/22-7/26	SESSION 7 7/29-8/2	TIME
314020-01	314020-03	314020-05	314020-07	314020-09	314020-11	314020-13	11:30am- 12noon
314020-02	314020-04	314020-06	314020-08	314020-10	314020-12	314020-14	4:30pm- 5:00pm

## Intro to Water (3-5 Years)

To introduce swimming & water safety skills to children of preschool ages through the use of games and skill practice.

SESSION 1 6/10-6/14	SESSION 2 6/17-6/21	SESSION 3 6/24-6/28	SESSION 4 7/8-7/12	SESSION 5 7/15-7/19	SESSION 6 7/22-7/26	SESSION 7 7/29-8/2	TIME
314021-01	324024-11	324024-21	324024-31	324024-41	324024-51	324024-61	9:00am- 9:30am
314021-02	324024-12	324024-22	324024-32	324024-42	324024-52	324024-62	9:30am-10:00am
314021-03	324024-13	324024-23	324024-33	324024-43	324024-53	324024-63	10:00am- 10:30am
314021-04	324024-14	324024-24	324024-34	324024-44	324024-54	324024-64	10:30am- 11:00am
314021-05	324024-15	324024-25	324024-35	324024-45	324024-55	324024-65	11:00am- 11:30am
314021-06	324024-16	324024-26	324024-36	324024-46	324024-56	324024-66	11:30am- 12:00pm
314021-07	324024-17	324024-27	324024-37	324024-47	324024-57	324024-67	3:00pm- 3:30pm
314021-08	324024-18	324024-28	324024-38	324024-48	324024-58	324024-68	3:30pm- 4:00pm
314021-09	314021-19	314021-29	314021-39	314021-49	314021-59	314021-69	4:00pm- 4:30pm
314021-10	314021-20	314021-30	314021-40	314021-50	314021-60	314021-70	4:30pm- 5:00pm

## 2019 Seal Beach Junior Lifeguard Program – June 17 – August 2

### Returning Jr. Guard Registration Information

Participants must have been enrolled in the Seal Beach Junior Lifeguard Program in 2018 to be eligible to enroll in this section. **Enrollment will open for all Returning Junior Guards on April 15th at 8am and will close on April 28th, at 11:59pm.** Any returning JG's who do not register during this time period will have to register as a New JG during the appropriate time period. Register at [Register.sealbeachca.gov](http://Register.sealbeachca.gov)



### New Jr. Guard Registration Information

Enrollment will open for New Junior Guard **residents** (zip code 90740 or 90743), on April 29th, at 8:00am and will close on May 5th at 11:59pm. Register at [Register.sealbeachca.gov](http://Register.sealbeachca.gov)

Enrollment will open for New Junior Guard **non-residents**, on May 6, 2018 at 8am and will close May 20 at 11:59pm.

**Enrollment for New Junior Guards into the 2019 Junior Lifeguard Program will be based on a first come, first serve basis. A wait list will be established after the program has reached capacity.**

For additional program information, please visit [www.sealbeachca.gov](http://www.sealbeachca.gov) or call (562) 431-2527 ext. 1206.

## Beginner Levels 1,2,3

Students will be introduced to the primary skills of body position, proper kicking, effective strokes and timing of side breathing for free-style/crawl. Time and skills permitting elementary backstroke is introduced in Level 3. Progressive advancement through levels are taught in the shallow, short end, of the pool.

### Level 1

SESSION 1 6/10-6/14	SESSION 2 6/17-6/21	SESSION 3 6/24-6/28	SESSION 4 7/8-7/12	SESSION 5 7/15-7/19	SESSION 6 7/22-7/26	SESSION 7 7/29-8/2	TIME
324021-01	324021-11	324021-21	324021-31	324021-41	324021-51	324021-61	9:00am- 9:30am
324021-02	324021-12	324021-22	324021-32	324021-42	324021-52	324021-62	9:30am-10:00am
324021-03	324021-13	324021-23	324021-33	324021-43	324021-53	324021-63	10:00am- 10:30am
324021-04	324021-14	324021-24	324021-34	324021-44	324021-54	324021-64	10:30am- 11:00am
324021-05	324021-15	324021-25	324021-35	324021-45	324021-55	324021-65	11:00am- 11:30am
324021-07	324021-17	324021-27	324021-37	324021-47	324021-57	324021-67	3:00pm- 3:30pm
324021-08	324021-18	324021-28	324021-38	324021-48	324021-58	324021-68	3:30pm- 4:00pm
324021-09	324021-19	324021-29	324021-39	324021-49	324021-59	324021-69	4:00pm- 4:30pm
324021-10	324021-20	324021-30	324021-40	324021-50	324021-60	324021-70	4:30pm- 5:00pm

### Level 2

SESSION 1 6/10-6/14	SESSION 2 6/17-6/21	SESSION 3 6/24-6/28	SESSION 4 7/8-7/12	SESSION 5 7/15-7/19	SESSION 6 7/22-7/26	SESSION 7 7/29-8/2	TIME
324022-01	324022-11	324022-21	324022-31	324022-41	324022-51	324022-61	9:00am- 9:30am
324022-02	324022-12	324022-22	324022-32	324022-42	324022-52	324022-62	9:30am-10:00am
324022-03	324022-13	324022-23	324022-33	324022-43	324022-53	324022-63	10:00am- 10:30am
324022-04	324022-14	324022-24	324022-34	324022-44	324022-54	324022-64	10:30am- 11:00am
324022-05	324022-15	324022-25	324022-35	324022-45	324022-55	324022-65	11:00am- 11:30am
324022-07	324022-17	324022-27	324022-37	324022-47	324022-57	324022-67	3:00pm- 3:30pm
324022-08	324022-18	324022-28	324022-38	324022-48	324022-58	324022-68	3:30pm- 4:00pm
324022-09	324022-19	324022-29	324022-39	324022-49	324022-59	324022-69	4:00pm- 4:30pm
324022-10	324022-20	324022-30	324022-40	324022-50	324022-60	324022-70	4:30pm- 5:00pm

### Level 3

SESSION 1 6/10-6/14	SESSION 2 6/17-6/21	SESSION 3 6/24-6/28	SESSION 4 7/8-7/12	SESSION 5 7/15-7/19	SESSION 6 7/22-7/26	SESSION 7 7/29-8/2	TIME
324023-01	324023-11	324023-21	324023-31	324023-41	324023-51	324023-61	9:00am- 9:30am
324023-02	324023-12	324023-22	324023-32	324023-42	324023-52	324023-62	9:30am-10:00am
324023-03	324023-13	324023-23	324023-33	324023-43	324023-53	324023-63	10:00am- 10:30am
324023-04	324023-14	324023-24	324023-34	324023-44	324023-54	324023-64	10:30am- 11:00am
324023-06	324023-16	324023-26	324023-36	324023-46	324023-56	324023-66	3:00pm- 3:30pm
324023-07	324023-17	324023-27	324023-37	324023-47	324023-57	324023-67	3:30pm- 4:00pm
324023-08	324023-18	324023-28	324023-38	324023-48	324023-58	324023-68	4:00pm- 4:30pm
324023-09	324023-19	324023-29	324023-39	324023-49	324023-59	324023-69	4:30pm- 5:00pm

## The ABCs of Pool Safety

Whether you're at a community pool or in your own backyard, knowing the ABCs of pool safety can help you keep summertime fun when kids are in the water.

**A:** Adult Supervision, Assign a "Water Watcher"!

**B:** Barriers, Install Fencing!

**C:** Classes, Learn CPR!

Learn more at [www.abcpoolsafety.org](http://www.abcpoolsafety.org)

## Level 4 – Stroke Improvement

Overarm backstroke and breaststroke are introduced. Introduction of CPR & rescue breathing will also be covered. Students will be required to swim 25 yards using rhythmic breathing. Student must be proficient in free style & backstroke & able to swim unassisted the length of the pool.

SESSION 1 6/10-6/14	SESSION 2 6/17-6/21	SESSION 3 6/24-6/28	SESSION 4 7/8-7/12	SESSION 5 7/15-7/19	SESSION 6 7/22-7/26	SESSION 7 7/29-8/2	TIME
324024-01	324024-11	324024-21	324024-31	324024-41	324024-51	324024-61	9:00am- 9:30am
324024-02	324024-12	324024-22	324024-32	324024-42	324024-52	324024-62	9:30am-10:00am
324024-03	324024-13	324024-23	324024-33	324024-43	324024-53	324024-63	10:00am-10:30am
324024-04	324024-14	324024-24	324024-34	324024-44	324024-54	324024-64	10:30am- 11:00am
324024-05	324024-15	324024-25	324024-35	324024-45	324024-55	324024-65	3:00pm- 3:30pm
324024-06	324024-16	324024-26	324024-36	324024-46	324024-56	324024-66	3:30pm- 4:00pm
324024-07	324024-17	324024-27	324024-37	324024-47	324024-57	324024-67	4:00pm-4:30pm
324024-08	324024-18	324024-28	324024-38	324024-48	324024-58	324024-68	4:30pm- 5:00pm

## Level 5 – Stroke Refinement

Freestyle, backstroke and breaststroke will be refined. Emphasis will be on proper stroke techniques.

SESSION 1 6/10-6/14	SESSION 2 6/17-6/21	SESSION 3 6/24-6/28	SESSION 4 7/8-7/12	SESSION 5 7/15-7/19	SESSION 6 7/22-7/26	SESSION 7 7/29-8/2	TIME
324025-01	324025-11	324025-21	324025-31	324025-41			9:00am- 9:30am
	324025-12	324025-22	324025-32				9:30am-10:00am
324025-03	324025-13	324025-23	324025-33	324025-43			10:00am-10:30am
	324025-14	324025-24	324025-34				3:00pm- 3:30pm
324025-05	324025-15	324025-25	324025-35	324025-45			3:30pm- 4:00pm
	324025-16	324025-26	324025-36				4:00pm-4:30pm

## Level 6 – Skill Proficiency

Class will stress proper stroke efficiency & endurance. Butterfly is also introduced. Students will learn and practice the various lifesaving skills.

SESSION 1 6/10-6/14	SESSION 2 6/17-6/21	SESSION 3 6/24-6/28	SESSION 4 7/8-7/12	SESSION 5 7/15-7/19	SESSION 6 7/22-7/26	SESSION 7 7/29-8/2	TIME
	324026-11	324026-21	324026-31				9:00am- 9:30am
324026-02	324026-12	324026-22	324026-32	324026-42			9:30am-10:00am
	324026-13	324026-23	324026-33				10:00am-10:30am
324026-04	324026-14	324026-24	324026-34	324026-44			3:00pm- 3:30pm
	324026-15	324026-25	324026-35				3:30pm- 4:00pm
324026-06	324026-16	324026-26	324026-36	324026-46			4:00pm-4:30pm

## Level 7 – Advanced Skill Proficiency

Students will demonstrate various lifesaving skills and stroke perfection and endurance. Laps and aerobic fitness will be emphasized.

SESSION 1 6/10-6/14	SESSION 2 6/17-6/21	SESSION 3 6/24-6/28	SESSION 4 7/8-7/12	SESSION 5 7/15-7/19	SESSION 6 7/22-7/26	SESSION 7 7/29-8/2	TIME
		324027-01	324027-03				9:00am- 9:30am
		324027-02		324027-04			4:00pm-4:30pm

## Adult Stroke Refinement

This class is for adults with swim experience. Participants must be at a level 5 or 6 to qualify for the class.

SESSION 1 6/10-6/14	SESSION 2 6/17-6/21	SESSION 3 6/24-6/28	SESSION 4 7/8-7/12	SESSION 5 7/15-7/19	SESSION 6 7/22-7/26	SESSION 7 7/29-8/2	TIME
		324028-01	324028-02	324028-03			10:30am- 11:00am

## Surf Lessons

### M&M Surfing – 5 Day Surf Camps

#### M&M Surf

##### 8th Street Beach, 8th St & Ocean Ave

Michael Pless, owner and operator of M & M Surfing School has been teaching for over 25 years and has over 50 years of surfing experience. This supervised program is designed to teach beginning and intermediate surfing to small groups with emphasis on safety first, in a fun-filled environment, including boogie boarding & other fun water sports after lunchtime, at the discretion of the instructor. All instructors are CPR, 1st Aid and Water Safety Certified. Register through the Community Services Office or online at [register.sealbeachca.gov](http://register.sealbeachca.gov). Registration will not be accepted at the class. Surfboards and wetsuits are provided.

367061-01	1 week	Mon-Fri	6/3-6/7	8am-2pm	All Ages	\$290
367061-02	1 week	Mon-Fri	6/10-6/14	8am-2pm	All Ages	\$290
367061-03	1 week	Mon-Fri	6/17-6/21	8am-2pm	All Ages	\$290
367061-04	1 week	Mon-Fri	6/24-6/28	8am-2pm	All Ages	\$290
367061-05	1 week	Mon-Fri	7/1-7/5	8am-2pm	All Ages	\$290
367061-06	1 week	Mon-Fri	7/8-7/12	8am-2pm	All Ages	\$290
367061-07	1 week	Mon-Fri	7/15-7/19	8am-2pm	All Ages	\$290
367061-08	1 week	Mon-Fri	7/22-7/26	8am-2pm	All Ages	\$290
367061-09	1 week	Mon-Fri	7/29-8/2	8am-2pm	All Ages	\$290

### Summer Surf Pass

#### M&M Surfing School

##### 8th Street Beach, 8th St & Ocean Ave

Summer passes are good for participation in all summer sessions. Don't wait, only 20 spots available for this great summer deal!

367062-01	13 weeks	Mon-Sun	6/3-9/1	8am-2pm	All Ages	\$850
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### 1 Day Surf Lessons

#### M&M Surfing School

##### 8th Street Beach, 8th St & Ocean Ave

Lessons are on-going from June 3 - September 1. Please note, this class is good for any one day of surfing instruction. Please indicate your date preference on the registration form or at the checkout screen.

#### 3 Hour Group Lessons

367063-01	1 day	Mon-Sun	6/3-9/1	8am-2pm	All Ages	\$90
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#### 1 Hour Group Lessons

367064-01	1 day	Mon-Sun	6/3-9/1	8am-2pm	All Ages	\$80
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#### 1 Hour Semi Private Lessons

367067-01	1 day	Mon-Sun	6/3-9/1	8am-2pm	All Ages	\$100
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#### 1 Hour Private Lessons

367068-01	1 day	Mon-Sun	6/3-9/1	8am-2pm	All Ages	\$115
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### Chas Weekly Surf Camp

#### Chas Wickwire

##### 1st Street Beach, 1st St @ Ocean Ave

Weekly surf camps for entry level to intermediate surfers of all ages. Held at 1st Street beach, the most consistent and well shaped surf in town.

367050-01	1 week	Mon-Fri	6/17-6/21	9am-1pm	All Ages	\$315
367050-02	1 week	Mon-Fri	6/24-6/28	9am-1pm	All Ages	\$315
367050-03	1 week	Mon-Fri	7/8-7/12	9am-1pm	All Ages	\$315
367050-04	1 week	Mon-Fri	7/15-7/19	9am-1pm	All Ages	\$315
367050-05	1 week	Mon-Fri	7/22-7/26	9am-1pm	All Ages	\$315
367050-06	1 week	Mon-Fri	7/29-8/2	9am-1pm	All Ages	\$315
367050-07	1 week	Mon-Fri	8/5-8/9	9am-1pm	All Ages	\$315
367050-08	1 week	Mon-Fri	8/12-8/16	9am-1pm	All Ages	\$315

### Chas Summer Surf Pass

#### Chas Wickwire

##### 1st Street Beach, 1st St @ Ocean Ave

Summer passes are good for participation in all camp sessions (Monday-Friday). No Class 7/1-7/5

367051-01	8 weeks	Mon-Fri	6/17-8/16	9am-1pm	All Ages	\$720
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### Surf Birthday Parties

#### Chas Wickwire

##### 1st Street Beach, 1st St @ Ocean Ave

Make your birthday memorable with a fun surf experience! Surfboards and wetsuits are provided. Prices vary upon group size. Please indicate your date and time preference on the registration form or the online checkout screen. For more information, call Chas at (562) 896-0121.

#### Up to 8 Participants

367054-01	1 day	Sun&Sat	6/8-9/1	9-11am	All Ages	\$310
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#### Up to 15 Participants

367054-02	1 day	Sun&Sat	6/8-9/1	9-11am	All Ages	\$400
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### 1 Day Large Group Outing

#### Chas Wickwire

##### 1st Street Beach, 1st St @ Ocean Ave

Need to plan an awesome outing? Book a surf experience for your office, church group, or any other large group! Surfboards and wetsuits are provided. Prices vary upon group size. For more information, call Chas at (562) 896-0121.

367057-01	1 day	Mon-Sun	6/3-9/1	8-11am	All Ages	Call for Price
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## Preschool & Youth Dance

### Music & Movement

**Danuta Klimczak** Seal Beach Senior Center, 707 Electric Ave

Designed to provide a positive and challenging learning environment for children to blossom musically and personally. Children will participate in musical games, singing, dancing, listening, and playing instruments. Program combines elements of Orff Schulwerk and Kodaly methods with traditional philosophies of musical education. No Class 7/5

311061-01 5 weeks Fri 6/21-7/26 10-10:50am 2 yrs \$70

311061-02 5 weeks Fri 6/21-7/26 11-11:50am 3-4 yrs \$70

### Hip Hop

**Anne Pennypacker** Los Alamitos Community Ctr, 10911 Oak Street

A fast paced class to get dancers on their feet and groovin. Learn street style dance and funky hip hop combinations to upbeat (and appropriate) music. Explore basic breaking, popping and locking and more! At session's end, we'll put on a show. Tennis shoes or Jazz shoes required.

342034-01 5 weeks Mon 6/10-7/8 3:45-4:30pm 5-12 yrs \$68

### Rockstar Popstar

**Anne Pennypacker** Los Alamitos Community Ctr, 10911 Oak Street

Dancers will party, learning lyrics and hip hop moves to our favorite pop songs and be stars! At session's end, we'll rock out and be fabulous, throwing a concert not to be missed!

342036-01 5 weeks Mon 6/10-7/8 4:30-5:15pm 5-12 yrs \$68

### Princess Ballet

**Anne Pennypacker** Los Alamitos Community Ctr, 10911 Oak Street

Calling all Princesses, Fairies and little Ballerinas! Join in the fun by dancing magical ballet adventures. Little dancers can pretend to be the beautiful Swan Princess, Fairy Queen, Sleeping Beauty and more. Learn basic ballet positions and steps in a fun creative environment!

342033-01 5 weeks Mon 6/10-7/8 5:15-6pm 4-7 yrs \$68

### Petit Ballet

**Anne Pennypacker**

"Bonjour, Little Dancers!" Join Miss Anne in a magical adventure into the world of ballet: plies, sautes, chasses, and more. Little ballerinas will be fairytale dancers as they learn the importance of pointing their toes! "La danse de la joie!" No Class 7/2 & 7/3

Los Alamitos Community Ctr, 10911 Oak Street

322023-01 5 weeks Mon 6/10-7/8 6-6:30pm 2.5-5 yrs \$68

Marina Community Center, 151 Marina Dr

322023-02 5 weeks Tue 6/18-7/23 9-9:30am 2.5-5 yrs \$68

322023-03 5 weeks Wed 6/19-7/24 4:30-5pm 2.5-5 yrs \$68

### Musical Minis

**Anne Pennypacker** Marina Community Center, 151 Marina Dr

Sing, dance and swing on a star, this theater class will take dancers far! Little performers will learn song and dance from various musicals that audiences will love! No Class 7/4

327070-01 5 weeks Thu 6/20-7/25 5-5:30pm 2.5-5 yrs \$68

### Gymnastics

**Anne Pennypacker** Marina Community Center, 151 Marina Dr

A focused gymnastic class, working on developing strength for more advanced skills. Gymnasts will learn the proper and safe way to execute tumbling, while increasing confidence and coordination. A wonderful class for athletes and dancers as well! No Class 7/4

311033-01 5 weeks Thu 6/20-7/25 3:45-4:30pm 5-12 yrs \$68

### Musical Theatre

**Anne Pennypacker** Recreation Park, Long Beach, 4900 E. 7th Street

Calling all entertainers! Casting now... Needed: creative students interested in exploring dance, acting, music, and song! Join Miss Anne and guest instructors in performing pieces from various favorite musicals. Students will learn musical theatre dance styles, while learning to connect acting and the emotions of the song to the choreography of the piece. Jazz or ballet shoes encouraged for class.

322024-01 5 weeks Tue 6/11-7/9 4:15-5pm 5-12 yrs \$68

### Hip Hop Tots!

**Anne Pennypacker**

Time to dance our best moves in this fun fast paced class! Little dancers will learn skills needed to dance a hip hopp'n bopp'n routine to their favorite songs. Tennis shoes best for class. No Class 7/4

Recreation Park, Long Beach, 4900 E. 7th Street

322027-01 5 weeks Tue 6/11-7/9 5-5:30pm 2.5-5 yrs \$68

Marina Community Center, 151 Marina Dr

322027-02 5 weeks Thu 6/20-7/25 9-9:30am 2.5-5 yrs \$68

### Ballet & Tap Combo

**Anne Pennypacker** Marina Community Center, 151 Marina Dr

This class introduces students to basic ballet warm-up, positions, technique, leaps and turns and classic tap steps such as shuffle ball changes. A great class for dancers of all levels! At session's end we'll put on a show. Ballet and tap shoes required. Proper suede bottom, pink ballet shoes required for class. Bedroom slippers will not be allowed. No Class 7/3

322021-01 5 weeks Wed 6/19-7/24 3:45-4:30pm 5-10 yrs \$68

### Teeny Tumblers

**Anne Pennypacker** Marina Community Center, 151 Marina Dr

Squat-hop-tumble-n-roll this class is a go go go! We'll bear-walk, crab-walk, tumble and jump having so much fun it will be hard to stop! This is a great first class to promote coordination and balance in a creative environment. No Class 7/4

311031-01 5 weeks Thu 6/20-7/25 4:30-5pm 2.5-5 yrs \$68



## Youth Sports

### Coed Volleyball

**Maria Fattal**

**McGaugh Campus, 1698 Bolsa Ave**

Learn to play volleyball or improve your volleyball skills this summer! Basic skills of passing, setting, hitting, and underhand as well as overhand serving will be taught then reinforced in games. A beginning as well as an intermediate court will be instructed.

333060-01	5 weeks	Mon&Wed	6/3-7/1	3:15-5:15pm	9-13 yrs	\$190
333060-02	5 weeks	Mon&Wed	7/8-8/5	3:15-5:15pm	9-13 yrs	\$190

### Karate for Kids

**Gary Pitts**

**Los Alamitos Community Ctr, 10911 Oak Street**

Learn basic techniques and principles emphasizing the three "C's": coordination, confidence and concentration. Wear loose clothing. Parents remain outside during class. Meeting with the instructor can be done after class.

322052-01	4 weeks	Tue	6/18-7/9	5-5:30pm	3.5-13 yrs	\$45
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### Mommy/Daddy & Me Soccer

**Kidz Love Soccer**

**Heather Park, Heather St & Lampson Ave**

Introduce yourself and your toddler to the "World's Most Popular Game"! As you and your child participate in our fun age appropriate activities, your child will be developing their large motor skills and socialization skills. The fun happens on the field, and in Mommy/ Daddy & Me Soccer, parents are part of the action, not watching from the sidelines!

323995-01	5 weeks	Tue	6/18-7/16	9-9:30am	2-3.5 yrs	\$82
323995-02	5 weeks	Tue	8/6-9/3	5:30-6pm	2-3.5 yrs	\$82

### Tot/Pre Soccer

**Kidz Love Soccer**

**Heather Park, Heather St & Lampson Ave**

Teaches the basic techniques of the game and builds self-esteem through participation and fun soccer activities. Children learn to follow instructions in a nurturing, age appropriate environment. Shin guards are required after the first meeting.

323997-01	5 weeks	Tue	6/18-7/16	9:40-10:15am	3.5-4 yrs	\$82
323997-02	5 weeks	Tue	8/6-9/3	4:45-5:20pm	3.5-4 yrs	\$82

### Soccer 1: Techniques & Teamwork

**Kidz Love Soccer**

**Heather Park, Heather St & Lampson Ave**

Players will learn dribbling, passing, defense and shooting goals! Fun skill games are played at every session, small-sided soccer matches will be introduced gradually. Perfect for first time players while being fun and engaging for kids with some experience. All participants receive a soccer jersey! Shin guards are required after the first meeting.

323998-01	5 weeks	Tue	6/18-7/16	10:15-11am	5-6 yrs	\$82
323998-02	5 weeks	Tue	8/6-9/3	4-4:45pm	5-6 yrs	\$82

### Mini-Hawk Multi-Sport

**Skyhawks Sports**

**Marina Vista Park, 5355 E Eliot St.**

Introduce your little superstar to sports in our most popular program! This baseball, basketball, and soccer class uses age-appropriate games and activities to explore balance, hand/eye coordination, and skill development. Parent participation may be required for younger ages.

323181-01	9 weeks	Tue	6/25-8/20	4-4:40pm	2-3.5 yrs	\$155
323181-02	9 weeks	Tue	6/25-8/20	4:50-5:30pm	3.5-5 yrs	\$155

### Parent & Me Ice Skating

**Westminster Ice**

**Westminster Ice, 13071 Springdale St**

What a great opportunity to bond with your child as you both learn to skate in a fun and relaxed atmosphere. One parent & one child per class. Includes skate rental, 30-minute lesson, free practice on the day of class (Tuesday 3:10 - 4:10 PM, Saturday 12:00-2:00 PM), and three additional practice passes to be used during the 4-week session. Please arrive 20 minutes early to fit skates, and dress warmly (gloves or mittens recommended). No Class 7/2 & 7/6

313131-01	4 weeks	Tue	6/18-7/16	4:10-4:40pm	3-5 yrs	\$48
313131-02	4 weeks	Sat	6/22-7/20	11:15-11:45am	3-5 yrs	\$48
313131-03	4 weeks	Tue	7/23-8/13	4:10-4:40pm	3-5 yrs	\$48
313131-04	4 weeks	Sat	7/27-8/17	11:15-11:45am	3-5 yrs	\$48

### Ice Skating for Tots

**Westminster Ice**

**Westminster Ice, 13071 Springdale St**

Beginning ice skating made fun and easy! Includes skate rental, 30-minute lesson, free practice on the day of class (3:00-5:00 PM for Wednesday class and 12:00-2:00 PM for Saturday class), and three additional passes to be used during the 4-week session. Please arrive 20 minutes early on the first day of class to fit skates, and dress warmly (gloves or mittens recommended). No Class 7/3 & 7/6

313130-01	4 weeks	Wed	6/19-7/17	5:40-6:10pm	3-5 yrs	\$48
313130-02	4 weeks	Sat	6/22-7/20	10:45-11:15am	3-5 yrs	\$48
313130-03	4 weeks	Wed	7/24-8/14	5:40-6:10pm	3-5 yrs	\$48
313130-04	4 weeks	Sat	7/27-8/17	10:45-11:15am	3-5 yrs	\$48

### Beginning Ice Skating

**Westminster Ice**

**Westminster Ice, 13071 Springdale St**

Learn to skate forward & backward, stop, hop, spin, and more! Includes skate rental, 30-minute lesson, free practice on the day of class (Thursday 3:10-4:10 PM, Saturday 12:00-2:00 PM), and three additional practice passes to be used during the 4-week session. Please arrive 20 minutes early on the first day of class to fit skates, and dress warmly (gloves recommended). No Class 7/4 & 7/6

323130-01	4 weeks	Thu	6/20-7/18	4:10-4:40pm	6-16 yrs	\$48
323130-02	4 weeks	Sat	6/22-7/20	10:15-10:45am	6-16 yrs	\$48
323130-03	4 weeks	Thu	7/25-8/15	4:10-4:40pm	6-16 yrs	\$48
323130-04	4 weeks	Sat	7/27-8/17	10:15-10:45am	6-16 yrs	\$48



## Ice Hockey Skating Skills

Westminster Ice

Westminster Ice, 13071 Springdale St

Learn basic skating skills necessary for hockey including forward and backward skating, stopping, and turning. Pucks and sticks are not used during this class. Includes skate rental, 30-minute lesson, free practice on day of class (Wednesday 3:00 - 5:00 PM, Saturday 12:00-2:00 PM), and three additional practice passes to be used during the 4-week session. Please arrive 20 minutes early on the first day of class to fit skates, and dress warmly. No Class 7/3 & 7/6

323141-01	4 weeks	Wed	6/19-7/17	6:10-6:40pm	6-16 yrs	\$48
323141-02	4 weeks	Sat	6/22-7/20	11:15-11:45am	6-16 yrs	\$48
323141-03	4 weeks	Wed	7/24-8/14	6:10-6:40pm	6-16 yrs	\$48
323141-04	4 weeks	Sat	7/27-8/17	11:15-11:45am	6-16 yrs	\$48

## Youth & Adult Special Interest

### How to Pick a College Application Essay Topic

Alison Cotter

Los Alamitos Community Ctr, 10911 Oak Street

This free workshop is for high school seniors and transfer students applying to the University of California this fall. The UC application includes a choice of eight Personal Insight Questions. Applicants must select four and write a 350-word response for each. In this workshop, students will preview the questions, develop connections to their own experiences, and discuss sample topic ideas. Students will also learn about new opportunities for feedback on their drafts coming this spring!

322073-01	1 day	Sun	8/25	1-2pm	15+ yrs	Free
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### Portrait Workshop

Ying Liu

Los Alamitos Community Ctr, 10911 Oak Street

Come draw or paint live models with our national award winning artist instructor. Beginners through advanced students are welcome. Bring medium of choice: pencil (with drawing board), charcoal, pastel, oil or watercolor. Simple easels and drawing horses are provided. Demos and one-on-one instruction are provided upon request. Model fee: \$5 each class. Also, one time \$5 material fee payable to instructor at the first day of class. Drop-in fee is \$15. Class held at Los Alamitos Community Center - 10911 Oak St., Los Alamitos. No Class 8/10

336096-01	8 week	Sat	7/13-9/7	9am-12pm	16+ yrs	\$88
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### iPhone Photography and Editing

Paradise Studios

Firestation 48 Community Room, 3131 N. Gate Rd

Learn how to take better photos with your iPhone, and then edit them right on your phone for great pictures. In this 1.5 hour class, you will learn: 1. The fundamental principles of techniques to be able to take great photos, and 2. How to edit your photos so they will take on a professional quality and appearance. You will then be proud to share your new photos with friends & family, as well as using them for brochures, websites, social media content, etc. Classes are \$25 per class. Register online at [register.sealbeachca.gov](http://register.sealbeachca.gov)

322090	1 Day	Fri	8/9 & 8/23	10-11:30am	10+ yrs	\$25/class
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## Transforming your Photo into a Beautiful Photo

Ying Liu

Los Alamitos Community Ctr, 10911 Oak Street

Have you ever wanted to create a nice painting from your photos – from a trip or of your family/friends? Students will observe and participate in the complete process of creating a painting from photos. The instructor will demonstrate how a painting is developed in oil, primarily, but also in watercolor or pastel. Bring your own painting gear and materials, including your favorite photos and enjoy your creativity. Class held at Los Alamitos Community Center - 10911 Oak St., Los Alamitos.

336097-01	5 weeks	Wed	7/17-8/14	6:30-9:30pm	16+ yrs	\$91
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## Magic in Seal Beach

North Seal Beach Center, 3333 Saint Cloud Dr

Join local magicians to observe and learn the history of magic and magic effects, including close-up magic as well as stage magic. Professional magicians will lecture four times per year. Meetings held every 3rd Saturday of the month, from 6-10pm. Contact Daniel Habel for more information at (562) 434-4693.

June 15	July 20	August 17
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## Adult Dance

### Adult Tap

Anne Pennypacker

Marina Community Center, 151 Marina Dr

An amazing workout and fun at the same time! This class is for those who have always wanted to tap or have had fun tap dancing before. Explore various styles of tap, combinations and more. Tennis shoes, hard soled shoes or tap shoes are the best to wear for class. No Class 7/4

342026-01	5 weeks	Thu	6/20-7/25	6:30-7:15pm	18+ yrs	\$68
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### West Coast Swing, Nightclub, & More!

Anne Pennypacker

Los Alamitos Community Ctr, 10911 Oak Street

This class will get you and your partner dancing swinging styles of rhythm dances from the west coast to the east coast! With fun music from blues to big band, to popular fast music of today, you will be the star on all the dance floors!

342029-01	5 weeks	Mon	6/10-7/8	6:30-7:15pm	18+ yrs	\$68
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### Wedding Survival

Anne Pennypacker

Marina Community Center, 151 Marina Dr

Whether getting married, mother/ son, father/ daughter dance or simply attending a wedding, this class will prepare you to look your best on the dance floor! No Class 7/4

342018-01	5 weeks	Thu	6/20-7/25	6-6:30pm	18+ yrs	\$60
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## Adult Fitness

### Aikido for Adults

**Steve Wasserman**

**North Seal Beach Center, 3333 Saint Cloud Dr**

This course focuses on the martial art of "Aikido" self-defense. Students will learn the principles of falling, rolling, and defense techniques against punches, strikes, knife attacks, control and blending with your opponent, mat safety, and self-defense awareness. Wear sweats and no jewelry. Martial arts gi are optional and can be purchased on own, and belt testing is optional. All students that attend the classes must have the ability to roll and fall at a moderate pace and will be allowed to participate only per instructor's discretion. Some Saturday's to be announced from 9-10:30am.

**342050-01 13 weeks Mon&Wed 6/3-8/31 7:30-9:30pm 18+ yrs \$150**

### Beach Boot Camp

**Beach Fitness**

**10th Street Beach, 10th St @ Ocean Ave**

Join Seal Beach's exclusive Beach Boot Camp and get that beach body you have always wanted. Beach Boot Camp is a kick-your-butt workout that will leave you sore, but begging for more! Work with our expert trainers to tighten and tone your ENTIRE body with this INTENSE workout. CAUTION: This workout contains CARDIO, STRENGTH TRAINING, and a BUTT KICKIN'! Pay \$20 per class online at register.sealbeachca.gov or indicate your date preference on the registration form.

**342062-01 13 weeks Sat 6/8-8/31 8:30-9:30am 18+ yrs \$137**

### BeachFit Moms

**Beach Fitness**

**10th Street Beach, 10th St @ Ocean Ave**

Join Seal Beach's effective BeachFit Moms' program taught by certified Beach Fitness personal trainers. BeachFit Moms is a female focused workout in an environment that promotes healthy living for women, their pregnancies and their children. BeachFit moms was created with the idea of getting results by focusing on the 5 major components of fitness. Through Strength, Endurance, Flexibility, Nutrition, and Mind Body connection, you will learn how to live a healthier and more fit life. BeachFit Moms is a daily class offered Monday, Tuesday, Thursday and Friday. Pay \$20 per class. No Class 7/4

**342063 13 weeks M,T,Th,F 6/3-8/30 9-10am 18+ yrs\$20/class**

### Healthy Back I

**Beach Fitness**

**Seal Beach Senior Center, 707 Electric Ave**

(Beginning & Intermediate Pilates) The Pilates method of physical and mental conditioning will change your body to be fitter, stronger, and more attractive by slimming muscles, increasing strength and flexibility, improving posture, body alignment and coordination.

**342072-01 12 weeks Mon 6/10-8/26 11:30am-12:30pm 18+ yrs \$137**

### Healthy Back II

**Beach Fitness**

**Seal Beach Senior Center, 707 Electric Ave**

(Advanced Pilates) This class work will focus on increasing strength, endurance, flexibility, coordination and posture with more challenging exercises. Continuing the fundamentals of proper breathing and alignment are essential. Exercise mat and other props required. Classes are subject to cancellation if class minimum is not met. No Class 7/4

**342071-01 13 weeks Thu 6/6-8/29 11:30am-12:30pm 18+ yrs \$137**

### Essentrics® Aging Backwards

**Eunis Christensen**

**Seal Beach Senior Center, 707 Electric Ave**

Aging Backwards is designed to teach clients to listen to their bodies. Often a senior, less mobile or beginner participant will experience physical issues such as arthritis, frozen shoulder, bursitis, herniated discs, back pain, sciatica and plantar fasciitis. The focus of Aging Backwards 45-minute class is to relax during movement so as not exacerbate existing conditions, yet still increase range of motion – producing overall ease in functional activities. Chairs are used as balance enhancers for less stable individuals in this standing class. No Class 7/5

**342098-01 8 weeks Fri 6/7-8/2 1:30-2:15pm 50+ yrs \$99**

### Gentle Yoga

**Suzu Hazard**

**Seal Beach Senior Center, 707 Electric Ave**

A series of gentle poses that stretch & strengthen your body; the breathing practices relax your mind. The combination brings your mind & body together to soothe the nervous system & bring you a sense of relaxation & renewal. Will include some gentle Chinese yoga (Qigong). Wear loose, comfortable clothing. Bring a sticky mat and/or beach towel.

**342068-01 10 weeks Tue 6/25-8/27 5:30-6:45pm 18+ yrs \$85**





## Fire Warrior Yoga – Free for First Responders

Betty Chu-Fujita

Firestation 48 Community Room, 3131 N. Gate Rd

Yoga is for everyone. This course is FREE for first responders (fire and police) and will focus on physical and mental balance, strength, and flexibility. The goal is to reduce stress through movement and breath work. The course will help you build inner fire through a series of sun salutations and balancing poses that strengthen the core. Bring a yoga mat and towel, you will sweat. All level warriors welcome! Daily class option is \$20 per class. First responders will verify statuses with the instructor at the start of each class. No class 6/15

342200-01	4 weeks	Sat	6/1-6/29	8:30-9:30am	18+ yrs	\$70
342200-02	4 weeks	Sat	7/13-8/3	8:30-9:30am	18+ yrs	\$70

## Jacki Sorensen's Fitness Dance

Jo Ellen Kerr

North Seal Beach Center, 3333 Saint Cloud Dr

Jacki Sorensen's Aerobic Dancing was the world's first aerobic dancing program, originating over 40 years ago. It's a progressive course that's choreographed specifically for non-dancers. In your Get-it-all-Together class you'll sway, stretch, crunch, squat, cha cha, waltz, samba and swing yourself into total body fitness while enjoying music from The Hot 100, Adult Contemporary, Latin, Rock'n Roll, Country, Hip Hop, and more! Our classes are effective, exciting and fun! Comfortable clothes, aerobic shoes, & a mat or towel are required. Light hand-held and/or ankle weights optional. Pay \$13 per class online at register.sealbeachca.gov or indicate your date preference on the registration form. No Class 7/4

342030-01	8 weeks	Tue&Thu	6/25-8/15	4-5pm	18+ yrs	\$115
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## Jazzercise

Akemi Hanna

North Seal Beach Center, 3333 Saint Cloud Dr

Jazzercise gives you all the cardio, strength and stretch moves you want for a total body workout! And with all that, we've thrown in moves from hip-hop, yoga, Pilates, jazz dance, kickboxing and resistance training. All ages, levels and sizes welcome so come join us today! Please wear appropriate & sturdy athletic shoes. Bring a towel, weights, water, & a mat. Pay \$10 per class online at register.sealbeachca.gov or indicate your date preference on the registration form. CLASS MEETS ON SATURDAYS 7:15-8:15am.

342044-01	6 weeks	Mon/Wed/Fri/Sat	6/3-7/13	6-7pm	13+ yrs	\$70
342044-02	6 weeks	Mon/Wed/Fri/Sat	7/15-8/31	6-7pm	13+ yrs	\$70

## Beginning T'ai Chi Chih

Suzanne Roady-Ross

Seal Beach Senior Center, 707 Electric Ave

Reduce stress and experience peace within. A moving form of meditation based on ancient Chinese principles, these graceful flowing movements tone muscles, align the body & enhance flexibility while promoting mindfulness. In Chinese medicine, tai chi is used as a way to relax the body & allow the chi (vital energy) to flow, thereby promoting wellness.

342073-01	5 weeks	Mon	6/17-7/15	6:40-7:40pm	18+ yrs	\$60
342073-02	5 weeks	Mon	7/29-8/26	6:40-7:40pm	18+ yrs	\$60



## Adult Sports Leagues

### Basketball League

Basketball league begins June 3

\$375 per team, plus \$25 per game for referees. For more information, call Kevin Ortiz in the Community Services Department at (562) 431-2527 ext: 1307, or e-mail at kortiz@sealbeachca.gov.

### Softball League

Softball league begins June 4 (men) and June 6 (coed)

\$425 per team. For information, call Kevin Ortiz in the Community Services Department at (562) 431-2527 ext: 1307, or e-mail at kortiz@sealbeachca.gov. **Dates subject to change due to weather.**

## Intermediate T'ai Chi Chih

Suzanne Roady-Ross

Seal Beach Senior Center, 707 Electric Ave

Refine your practice and deepen the benefits of this simple but powerful moving meditation. Reduce stress and experience mindfulness and peace within.

342077-01	5 weeks	Mon	6/17-7/15	5:30-6:30pm	18+ yrs	\$60
342077-02	5 weeks	Mon	7/29-8/26	5:30-6:30pm	18+ yrs	\$60

## Ice Skating for Adults

Westminster Ice

Westminster Ice, 13071 Springdale St

Learn to skate across the ice forward and backward, stop, hop, spin, and more! Includes skate rental, 30-minute lesson, free practice on the day of class (3:00-5:00 PM Wednesday and 12:00-2:00 PM Saturday), and three additional practice passes to be used during the 4-week session. Please arrive 20 minutes early on the first day of class to fit skates, and dress warmly (gloves recommended). No Class 7/3 & 7/6

323131-01	4 weeks	Wed	6/19-7/17	6:40-7:10pm	17+ yrs	\$48
323131-02	4 weeks	Sat	6/22-7/20	10:15-10:45am	17+ yrs	\$48
323131-03	4 weeks	Wed	7/24-8/14	6:40-7:10pm	17+ yrs	\$48
323131-04	4 weeks	Sat	7/27-8/17	10:15-10:45am	17+ yrs	\$48

# Tennis



## Tennis Lessons taught by Brian Collison

For more information, call 562-308-6740.

### Kids Beginning (4-6 years) No class: 7/1, 7/3

CLASS #	DATES	DAYS	TIME	PRICE	LOCATION
333020-01	6/3-7/8	Mon	4:30-5 pm	\$49	Heather Park
333020-02	7/22-8/19	Mon	4:30-5 pm	\$49	Heather Park
333020-03	6/5-7/10	Wed	4:30-5 pm	\$49	Marina Park
333020-04	7/24-8/21	Wed	4:30-5 pm	\$49	Marina Park

### Juniors Beginning (7-10 years) No class: 7/1, 7/3

CLASS #	DATES	DAYS	TIME	PRICE	LOCATION
333021-01	6/3-7/8	Mon	5-6 pm	\$99	Heather Park
333021-02	7/22-8/19	Mon	5-6 pm	\$99	Heather Park
333021-03	6/5-7/10	Wed	5-6 pm	\$99	Marina Park
333021-04	7/24-8/21	Wed	5-6 pm	\$99	Marina Park

### Juniors Intermediate (7-10 years) No class: 7/2, 7/4

CLASS #	DATES	DAYS	TIME	PRICE	LOCATION
333021-05	6/4-7/9	Tue	5-6 pm	\$99	Heather Park
333021-06	7/23-8/20	Tue	5-6 pm	\$99	Heather Park
333021-07	6/6-7/11	Thur	5-6 pm	\$99	Marina Park
333021-08	7/25-8/22	Thur	5-6 pm	\$99	Marina Park

### Tweens Beginning (11-13 Years) No class: 7/1, 7/3

CLASS #	DATES	DAYS	TIME	PRICE	LOCATION
333023-01	6/3-7/8	Mon	6-7 pm	\$99	Heather Park
333023-02	7/22-8/19	Mon	6-7 pm	\$99	Heather Park
333023-03	6/5-7/10	Wed	6-7 pm	\$99	Marina Park
333023-04	7/24-8/21	Wed	6-7 pm	\$99	Marina Park

### Tweens Intermediate (11-13 Years) No Class: 7/2, 7/4

CLASS #	DATES	DAYS	TIME	PRICE	LOCATION
333023-05	6/4-7/9	Tue	6-7 pm	\$99	Heather Park
333023-06	7/23-8/20	Tue	6-7 pm	\$99	Heather Park
333023-07	6/6-7/11	Thur	6-7 pm	\$99	Marina Park
333023-08	7/25-8/22	Thur	6-7 pm	\$99	Marina Park

### Adults Beginning (14+ Years) No class: 7/1, 7/3

CLASS #	DATES	DAYS	TIME	PRICE	LOCATION
333022-01	6/3-7/8	Mon	7-8 pm	\$99	Heather Park
333022-02	7/22-8/19	Mon	7-8 pm	\$99	Heather Park
333022-03	6/5-7/10	Wed	7-8 pm	\$99	Marina Park
333022-04	7/24-8/21	Wed	7-8 pm	\$99	Marina Park

## Seal Beach Tennis Center

3900 Lampson Ave, Seal Beach CA 90740

For more information, call 562-598-8624.

### Beginning Pickleball (16+ yrs) Instructor: Gary Rogers

CLASS #	DATES	DAYS	TIME	PRICE	LOCATION
333040-01	6/8-6/29	Sat	10:30am-12pm	\$99	SBTC
333040-02	7/6-7/27	Sat	10:30am-12pm	\$99	SBTC
333040-03	8/3-8/24	Sat	10:30am-12pm	\$99	SBTC

### Intermediate Pickleball (16+ yrs) Instructor: Gary Rogers

CLASS #	DATES	DAYS	TIME	PRICE	LOCATION
333043-01	6/8-6/29	Sat	12:30pm-2:00pm	\$99	SBTC
333043-02	7/6-7/27	Sat	12:30pm-2:00pm	\$99	SBTC
333043-03	8/3-8/24	Sat	12:30pm-2:00pm	\$99	SBTC

### Tiny Tots Tennis (4-5 yrs) Instructor: Brenda Danielson

CLASS #	DATES	DAYS	TIME	PRICE	LOCATION
333035-01	6/5-6/26	Wed	11:30am-12pm	\$40	SBTC
333035-02	7/10-7/31	Wed	11:30am-12pm	\$40	SBTC
333035-03	8/7-8/28	Wed	11:30am-12pm	\$40	SBTC

### Adult Beginning Tennis (18+ years) Instructor: Brenda Danielson

CLASS #	DATES	DAYS	TIME	PRICE	LOCATION
333030-01	6/5-6/26	Wed	10:30am-11:30am	\$63	SBTC
333030-02	7/10-7/31	Wed	10:30am-11:30am	\$63	SBTC
333030-03	8/7-8/28	Wed	10:30am-11:30am	\$63	SBTC



# Senior Services



## Painting with Mom

**BlueSea Care**

**Firestation 48 Community Room, 3131 N. Gate Rd**

Arts, craft and music are just a few activities we enjoyed doing with our parents in our youth. The Painting With Mom program is designed to enable family revive those moments with their loved ones in a safe, fun and friendly setting that promotes social engagement, cognitive stimulation, and most importantly respite! Painting With Mom is presented free of charge by BlueSea Care Services and is sponsored by the City of Seal Beach. The Alzheimer's Association of Orange County provides additional resources to our loved ones impacted by the disease. Children aged 9 and older are welcome only when accompanied by an adult participating in the class. Classes are on the first and third Saturdays, from 10am-12pm.

July 6 & 20	Aug 3 & 17	Sept 7 & 21	Seniors	Free
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## Medicare 101

**Cesar Arteaga**

**Seal Beach Senior Center, 707 Electric Ave**

Learn about Social Security timeframes, how to enroll in Medicare, and the qualifications to receive Medicare. Learn about what Part A, Part B, Part C, and Part D consist of and what it covers and does not cover. The instructor will explain the options that Medicare beneficiaries have to get coverage for and what Medicare does not cover, such as Medicare Advantage plans, Prescription drug plans, and Medicare Supplement plans. Additional plans are also available for those who are receiving financial assistance or for those who have Medicare and Medi-Cal.

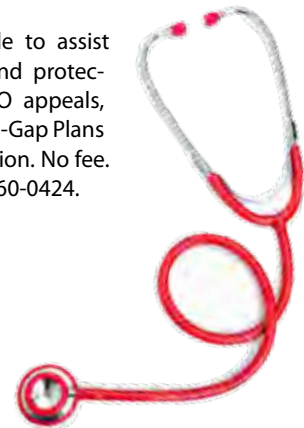
356040-01	1 day	Mon	6/10	1-2pm	64+ yrs	Free
356040-02	1 day	Mon	8/19	1-2pm	64+ yrs	Free

## Friendly Companions

Community Senior Serv serves over 1200 frail, isolated, homebound older adults daily who are in need of companionship. Many homebound elders are lonely and do not or cannot reach out to others. If you find joy in making a difference and enjoy listening or talking, friendly visiting is the right volunteer opportunity for you. Volunteers visit in the home of the older adult and offer warmth, friendship and understanding to make life more meaningful. Volunteers play an important part in the elders well-being by helping to restore feelings of self worth, dignity and promoting independence. Volunteers are needed throughout Central, North and West Orange County. Families are encouraged to volunteer. Call (714) 220-0224 to volunteer.

## Health Insurance Counseling and Advocacy Program (HICAP)

Trained counselors are available to assist seniors with Medicare rights and protections. They can help with HMO appeals, with information regarding Medi-Gap Plans and/or Long Term Care information. No fee. For more information, call 714-560-0424.



## Home Delivered Meals

For homebound individuals 60+ years of ages who are unable to shop/and or prepare meals for themselves, Community Senior Serv delivers three meals directly to their homes – a cold lunch, a frozen dinner, and breakfast items. These meals, which provide 100 percent of the U.S. Nutritional Recommended Dietary Allowance, are available five days per week. Suggested donation is \$4.50/day. For more information, call (714) 220-0224.

## In Home Case Management

For older adults who are facing multiple problems, which they cannot resolve on their own, Community Senior Serv Case Managers are available to help them evaluate and find acceptable solutions to their individual needs. Referrals may be made by any concerned individual, physician, Social Service Worker, family member, neighbor, or the senior themselves, Monday through Friday, from 8 a.m.-5 p.m. For more information, call (714) 220-0224.

## Referral Assistance

This referral service directs persons 60+ to the appropriate agencies for specific needs. Call the Orange County Senior Information and Referral Line at (714) 567-7500 if you need assistance. This program is designed to provide seniors access to the many agencies and human service programs available that can assist with problems, legal information, nutrition programs and more.



## Senior Lunch Program

Seal Beach Community Services, in cooperation with SeniorServ, offers a hot, nutritious meal Monday through Friday at the North Seal Beach Center, located at 3333 Saint Cloud Drive. Besides maintaining the physical health of active older adults, the Lunch Program also works to enrich the emotional/physiological health of seniors by sponsoring a wide range of speakers, dances, games, health forums, and other social and educational activities. Meals, support services and transportation are available to all persons age 60+ on a donation basis. The Center is open Monday through Friday, 8 a.m.-2 p.m. Lunch is served at 11:15 a.m. For more information, please call (562) 430-6079 between the hours of 11 a.m. and 1 p.m. If you need transportation to the senior lunch program, arrangements may be made with the City's senior transportation company. This shuttle service is available to and from the North Seal Beach Senior Lunch Program site which is located in the Rossmoor Shopping Center.

## Senior Pinochle Club

**Senior Center, 707 Electric Ave. Free – Drop in – Tuesday 9 a.m. - 3 p.m.** Person 50 years of age and older are invited. The club provides opportunities to meet new friends, develop new interests and socialize.



## Senior Dial-A-Ride Program in Seal Beach

Traditionally, the Dial-A-Ride component of the Senior Transportation Program has offered to deliver a senior resident to any location within the City Limits. Trips can be made for reasons such as doctor's appointments, retail/grocery shopping and dining excursions (within the City of Seal Beach). Trips may be scheduled for services within three miles outside the City Limits in Orange County for medical purposes only.

Recently, the Senior Transportation Program was assessed by City staff to identify opportunities to make the Program more cost effective while continuing to provide safe, reliable and user-friendly transportation services to participants. During the review process, staff learned that the County of Orange operates a program called Senior Non-Emergency Transportation (SNEMT) that is very similar to the City's Dial-A-Ride program. The SNEMT program provides seniors with access to non-emergency trips such as medical appointments, dentists, therapies, exercise programs, testing and other health related trips. The SNEMT program operates Monday through Saturday from 6:30 a.m. to 6:30 p.m. To register for the County of Orange's SNEMT program please call Abrazar at (714) 891-9500.

As a result of staff's evaluation of the Program, the City Council adopted modifications to the Dial-A-Ride Program. The Dial-A-Ride Program will now operate from 9:00 a.m. to 3:00 p.m. on Mondays, Wednesdays and Fridays. Tuesday and Thursday travel will be eliminated. The modifications to the Dial-A-Ride Program will begin September 4, 2018. To schedule a Dial-A-Ride trip, please call (562) 439-3699 At least 24 hours in advance.

## Shopper Shuttle

City staff also evaluated the City's Shopper Shuttle and transportation to the Senior Nutrition Program. Staff concluded that in order for the Senior Transportation Program to remain within budget and be available to a high volume of users, an emphasis should be placed on trips to medical facilities and nutrition programs. As such, no changes were recommended to the Nutrition Program transportation; however, the City Council directed staff to eliminate the Thursday Shopper Shuttle after December 31, 2018.

The Shopper Shuttle provides transportation to shopping centers throughout the City of Seal Beach. The Shopper Shuttle runs in North Seal Beach Monday through Friday 8:00 a.m. to 4:30 p.m. For more information and pickup locations, please call (562) 439-3699 or Public Works at (562) 431-2527 ext. 1317.



# Map & Facilities

**Amenity Key** Updated December 2012

- Baseball Fields
- Basketball Courts
- Bike Racks
- Bleachers
- Classes Offered Here
- Community Center
- Community Garden
- Drinking Fountains
- Dugout Bench
- Gravel Parking Area
- Gymnasium
- Handball Courts
- Park Benches
- Paved/Striped Parking Spaces
- Pet Waste Dispenser
- Picnic Shelters
- Picnic Tables
- Portable Toilets
- Reservable
- Restrooms
- Soccer Fields
- Softball Fields
- Swimming Pool
- Swing Sets
- Tennis Courts
- Tetherball
- Tot Lot/Playgrounds
- Trash Receptacles
- Volleyball Courts



Map not to scale.

## Park / Facility

**L = Lit U = Unlit i = Indoor**

<b>1</b> Almond Park – 4600 Almond Ave. in College Park East	
<b>2</b> Arbor Park – 4665 Lampson Ave. Behind the WestEd Facility, College Park East off Lampson Ave	
<b>3</b> Arbor Dog Park – 4665 Lampson Ave. Behind the WestEd Facility off Lampson Ave	
<b>4</b> Aster Park – Aster St. & Candleberry in College Park East	
<b>5</b> Beach	
<b>6</b> Bluebell Park – Almond Ave. & Bluebell St. in College Park East	
<b>7</b> City Hall & Community Services Office – 211 8th St. on the 2nd floor in Old Town	
<b>8</b> Corsair Park – Corsair Way in Bridgeport	
<b>9</b> Edison Park – 99 College Park Dr. in College Park West	
<b>10</b> Eisenhower Park – Ocean Ave. at Main St. in Old Town	
<b>11</b> Electric Greenbelt – Runs along Electric Ave in Old Town	
<b>12</b> Fire Station #48, Community Room – 3131 North Gate Rd.	
<b>13</b> Gum Grove Nature Park – corner of Crestview & Avalon Dr. on the Hill	
<b>14</b> Heather Park – Heather St. & Lampson in College Park East	
<b>15</b> Los Alamitos Community Center – 10911 Oak St., Los Alamitos	
<b>16</b> Los Alamitos/Rossmoor Library – 12700 Montecito Rd. (562) 430-1048	
<b>17</b> Marina Park & Community Center – 151 Maina Dr. in Old Town	
<b>18</b> McGaugh School (LAUSD) – 1698 Bolsa Ave. on the Hill	
<b>19</b> North Seal Beach Center – 3333 St. Cloud Dr.	
<b>20</b> Schooner Park – Schooner Way & Dory Way in Bridgeport	
<b>21</b> Seal Beach Police – 911 Adolpho Lopez Dr. (562) 799-4100	
<b>22</b> Seal Beach Senior Center/Mary Wilson Library – 707 Electric Ave. in Old Town	
<b>23</b> Seal Beach Tennis Center/Club House – 3900 Lampson Ave (562) 598-8624 www.sealbeachtenniscenter.com	
<b>24</b> Windsurf Park – Adjacent to the 1st St. Beach Parking Lot	
<b>25</b> Zoeter Field – 12th St. & Landing Ave. in Old Town	

# 5 easy ways to REGISTER TODAY

## 1 MAIL IN

Select the class or classes you are interested in and complete the registration form. Please sign the consent section at the bottom. Mail the completed registration form with a check or money order (do not send cash) made payable to the City of Seal Beach, or your MasterCard or Visa number to:

**City of Seal Beach**  
**ATTN: Finance Department**  
211 8th Street  
Seal Beach, CA 90740

If you would like to receive a confirmation receipt, please supply a self-addressed, stamped envelope with your registration or request that one be sent to your e-mail address.

## 2 WALK IN

**Open Monday - Friday**  
Registration in person at Seal Beach City Hall from 8 a.m. -5 p.m. Monday through Friday. Closed daily from 12-1p.m.

## 3 ONLINE

Register for classes from your home 24/7 and it's FREE! You can browse activities and facilities; view your history, reprint receipts, register for classes, renew your swim pass, print a household calendar and more!

If you have registered for any classes, camps, or swim passes through our department but have not registered online please call the Community Services Department for your user ID & password. Register online at: [register.sealbeachca.gov](http://register.sealbeachca.gov)

## 4 FAX

Register by fax with your Visa or Master Card. Fax us 24 hours a day at **(562) 430-8763**. Please have all of your information printed in ink on the form. Credit Card registration must be for amounts in excess of \$20.

## 5 E-mail

Scan and e-mail your registration to [communityservices@sealbeachca.gov](mailto:communityservices@sealbeachca.gov)

## Refund Policy

- ▶ Applications for refunds will be granted only if requested prior to the second class meeting and may be made in person, over the telephone, or by writing us. You will be refunded a prorated fee minus the \$10 admin fee for the class you attended.
- ▶ Refund checks will be mailed within three weeks following the request.
- ▶ If the Department cancels a class, before the start date, an automatic refund will be processed at no cost to the registrant.
- ▶ A \$26 Service Charge for any check returned unpaid may be assessed (closed account, NSF funds)

## Access & Inclusion

In compliance with the Americans with Disabilities Act (ADA), the City of Seal Beach Community Services Department prohibits discrimination on the basis of race, color, national origin, age and disability in all of its programs. All are welcome to register and we encourage your participation. If you have special needs, please contact the Community Services Office at (562) 431-2527, ext.1344.

**Online Registration begins February 11, 2019**  
**Walk-in and Mailed Registration begins February 19, 2019**  
*Please register early to avoid class cancellations.*

## Recreation Scholarship Program

Interested in signing up for a Recreation class but can't afford it? Thanks to local community groups who have graciously donated funds, the City of Seal Beach offers scholarships to low-income residents (toddlers, teens, and seniors). Pick up a scholarship application at the Community Services Department. Apply today, funds are limited.



## Community Services Department

### City of Seal Beach

211 8th Street  
Seal Beach, CA 90740  
Office (562) 431-2527 ext. 1344  
Fax (562) 430-3498

### Office Hours

Monday - Friday; 8am - 5pm  
(closed daily 12-1pm for lunch)

**For Your Information:** We share instructors and co-sponsor activities and classes to better serve YOU, our most important customer!

**Note:** An admin fee is included in all registrations to recover costs and to support the City's goal of providing diverse recreational programs and opportunities to the community.



# Seal Beach Community Services Department

211 8th Street, Seal Beach, CA 90740

Community Services Office: (562) 431-2527 Ext. 1344

Email: [communityservices@sealbeachca.gov](mailto:communityservices@sealbeachca.gov)

## CLASS REGISTRATION FORM

Head of Household: \_\_\_\_\_

First Name

Last Name

Please fill out below if this is a new household, or if your contact information needs to be updated:

Address: Street \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone: Home #: \_\_\_\_\_ Work #: \_\_\_\_\_ Cell #: \_\_\_\_\_

Email: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone #: \_\_\_\_\_

Participant First Name	Last Name	Birthday	Class #	Class Title	Start Date	Fee \$
<b>Total:</b>						\$

### Release and Indemnification

I hereby agree to indemnify, defend and hold harmless the City of Seal Beach, its officers, employees, agents and volunteers from and against any and all claims, damages, liability, bodily injury, death, expenses, and judgments, including attorney fees, expert witness fees and court costs in any way arising from my (or my child's) participation in the program for which I am registering him/her. I understand and am familiar with the nature of the event or activity and recognize that this event or activity can be dangerous to me (or my child) and accept those dangers. In case of emergency, I give my permission for emergency medical treatment. I also give my permission to the City of Seal Beach to photograph me or my child participating in this event or activity for advertising purposes for the City of Seal Beach and acknowledge I will not receive any compensation for such use. My signature acknowledges that I understand and agree to the above conditions.

Signature: \_\_\_\_\_ Dated: \_\_\_\_\_

(Participant/Parent or Guardian)

### METHOD OF PAYMENT

Make check payable to **City of Seal Beach**

Check #: \_\_\_\_\_ Check Date: \_\_\_\_\_

Cash

VISA   MASTERCARD 

CARD #     -     -     -     EXP. DATE   -

Signature \_\_\_\_\_ Total Charged to Account: \$ \_\_\_\_\_

**City of Seal Beach**  
CITY HALL  
211 8th Street  
Seal Beach, CA 90740

PRSR STD  
ECRWSS  
U.S. POSTAGE  
PAID  
PERMIT #70001  
LONG BEACH, CA

\*\*\*\*\*ECRWSSDDM\*\*\*\*\*  
Postal Customer



# Summer in Seal Beach!

Celebrate the Summer with some food, games, and activities in our City Parks!  
End the night with a movie in the park!

**Summer  
Kick-Off**  
at Edison Park

Saturday, June 1st  
5:30 PM



**Summer  
Send-Off**  
at Heather Park

Saturday, August 10th  
5:30 PM

For more info: call the Community Services Dept at (562) 431-2527 ext 1344